

## Chapter 07:

# Citric acid cycle, Electron transport chain

Textbook of  
**BIOCHEMISTRY**  
for Medical Students  
By DM Vasudevan, *et al.*

TENTH EDITION

**diginerve**  
A Jaypee Initiative  
Your Guide at Every Step  
Video Lectures | Notes | Self-Assessment



Complementary  
Online  
Student Resource  
Self-Assessment

10<sup>th</sup>  
Edition

## Textbook of **BIOCHEMISTRY** for Medical Students

As per the Competency-based Medical Education Curriculum (NMC)

**Diagnostic testing for COVID-19 included**

### Highlights

- Thoroughly revised & updated
- Key concepts & summary included
- Richly illustrated
- Updated Long & Short Qs and Essay Qs
- New MCQs and Case studies

**DM Vasudevan**  
Sreekumari S  
Kannan Vaidyanathan

TENTH EDITION



# Stages of Oxidation of Foodstuffs



## First Stage

Digestion in the gastrointestinal tract converts the macromolecules into small units. This is called **primary metabolism**.

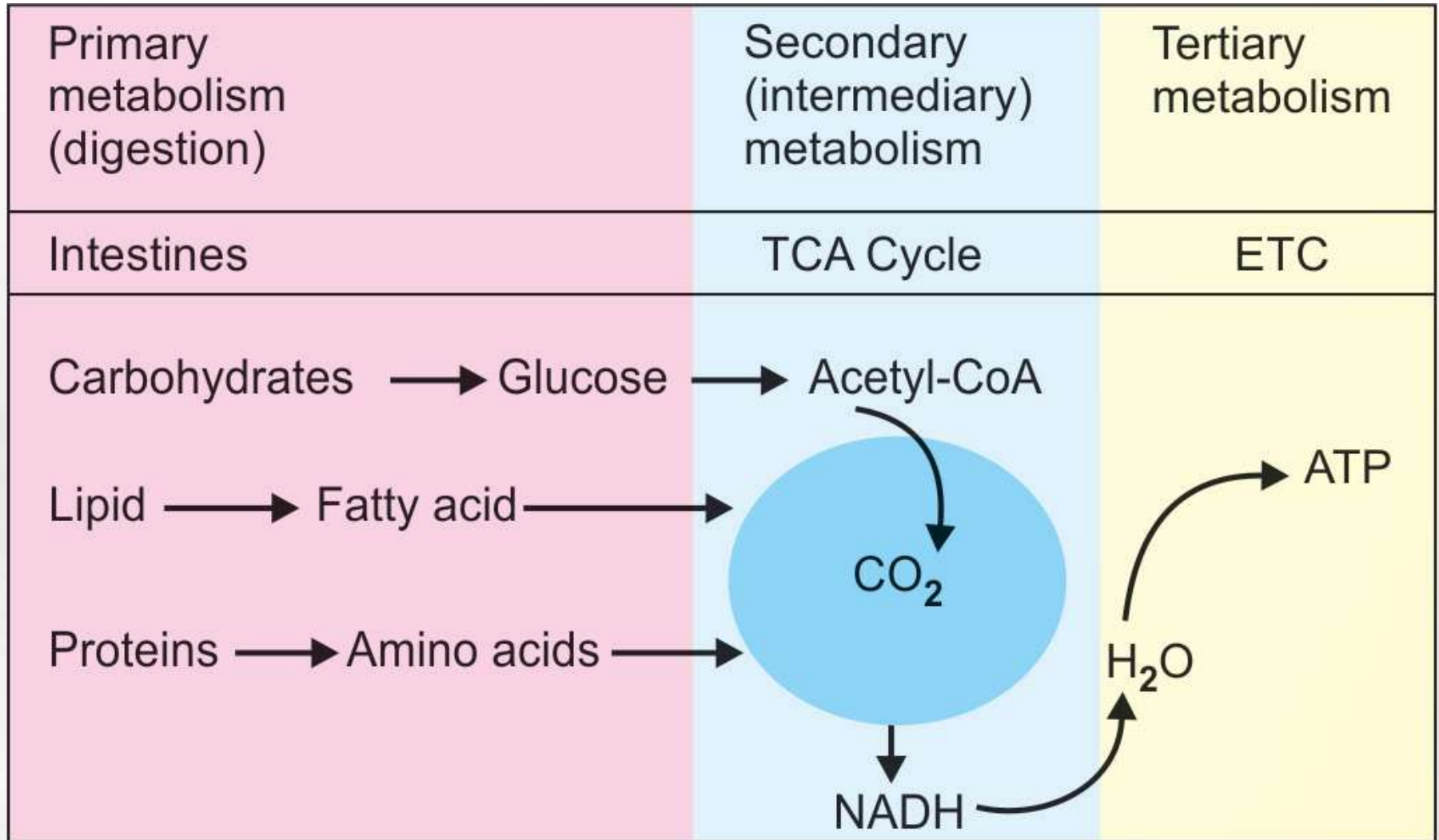
## Second Stage

The products of digestion are absorbed, catabolized to smaller components, and ultimately oxidized to CO<sub>2</sub> in the citric acid cycle. In this process, NADH and FADH<sub>2</sub> are generated. This is called **secondary or intermediary metabolism**.

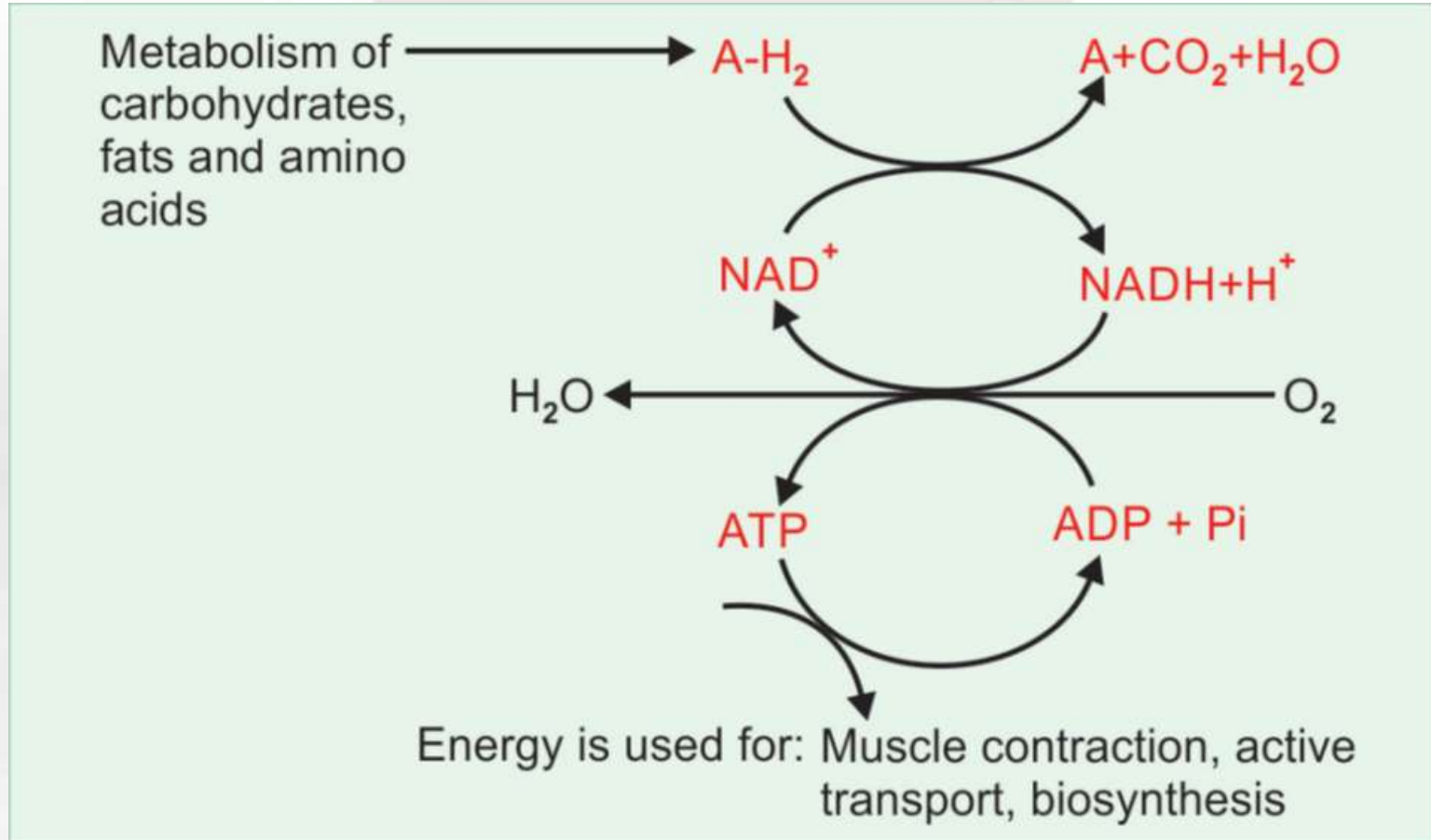
## Third Stage

These reduced equivalents (NADH and FADH<sub>2</sub>) enter into the **electron transport chain (ETC)**, or **Respiratory chain**, where energy is released. This is the **tertiary metabolism** or **internal respiration** or cellular respiration.

# Oxidation of Foodstuffs in Three Stages



# Energy from food is trapped as ATP



NINTH EDITION

# ATP hydrolysis is used to provide energy



- 1,3 bisphosphoglycerate
- Phospho enol pyruvate
- Succinyl CoA
- Oxidative phosphorylation

Catabolic reactions

**Energy producing reactions**

**ATP**

**Energy requiring reactions**

Anabolic reactions

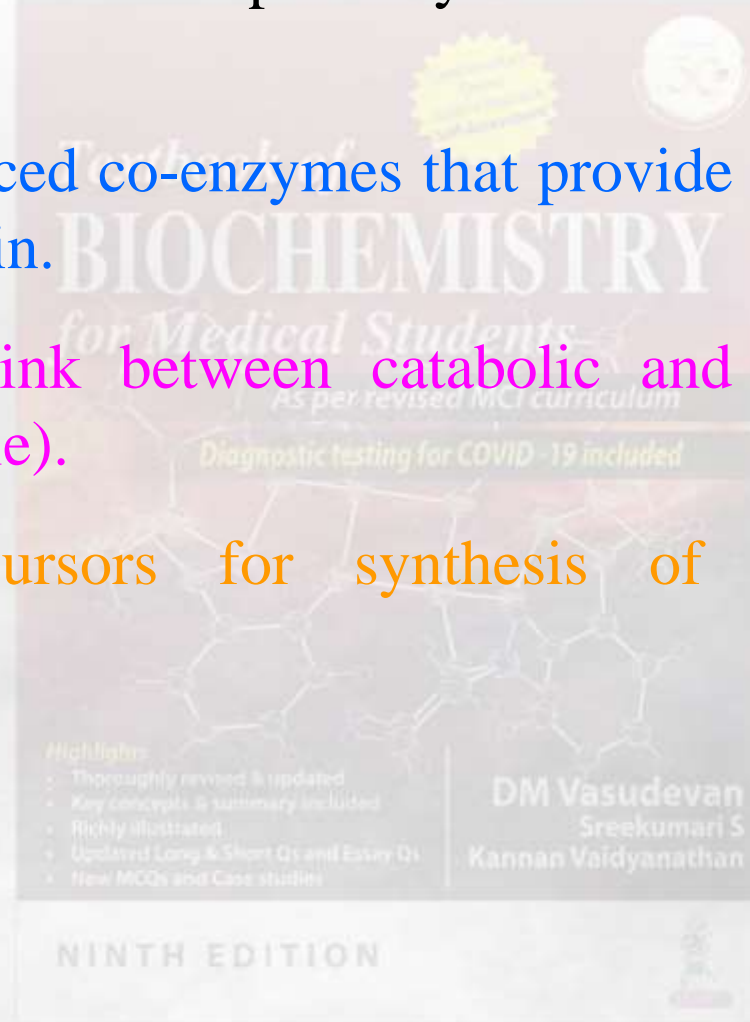
**ADP**

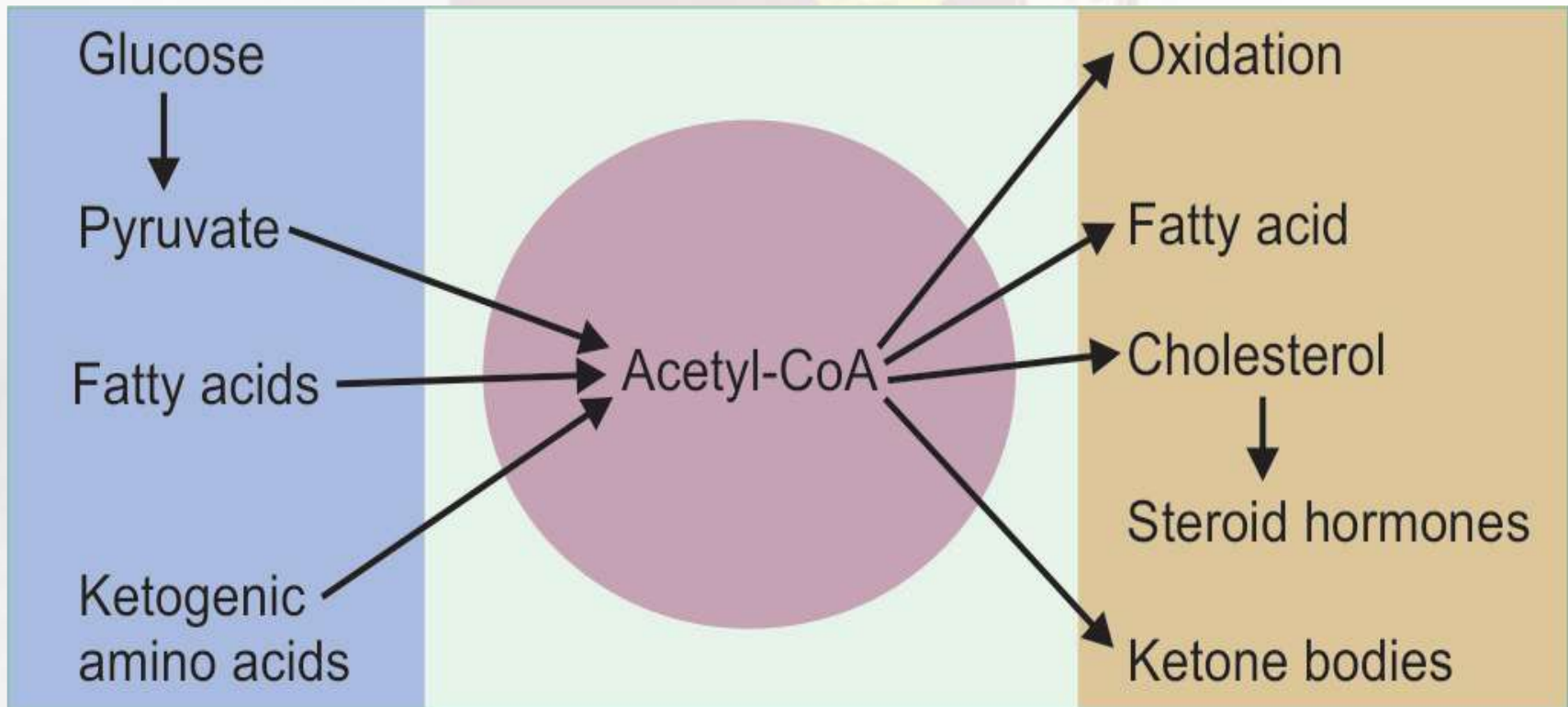
- Glucose 6 P
- Fructose 1,6 Bis P
- Other phosphorylations
- Activation reactions
- Other endergonic reactions

# Functions of the Citric Acid Cycle

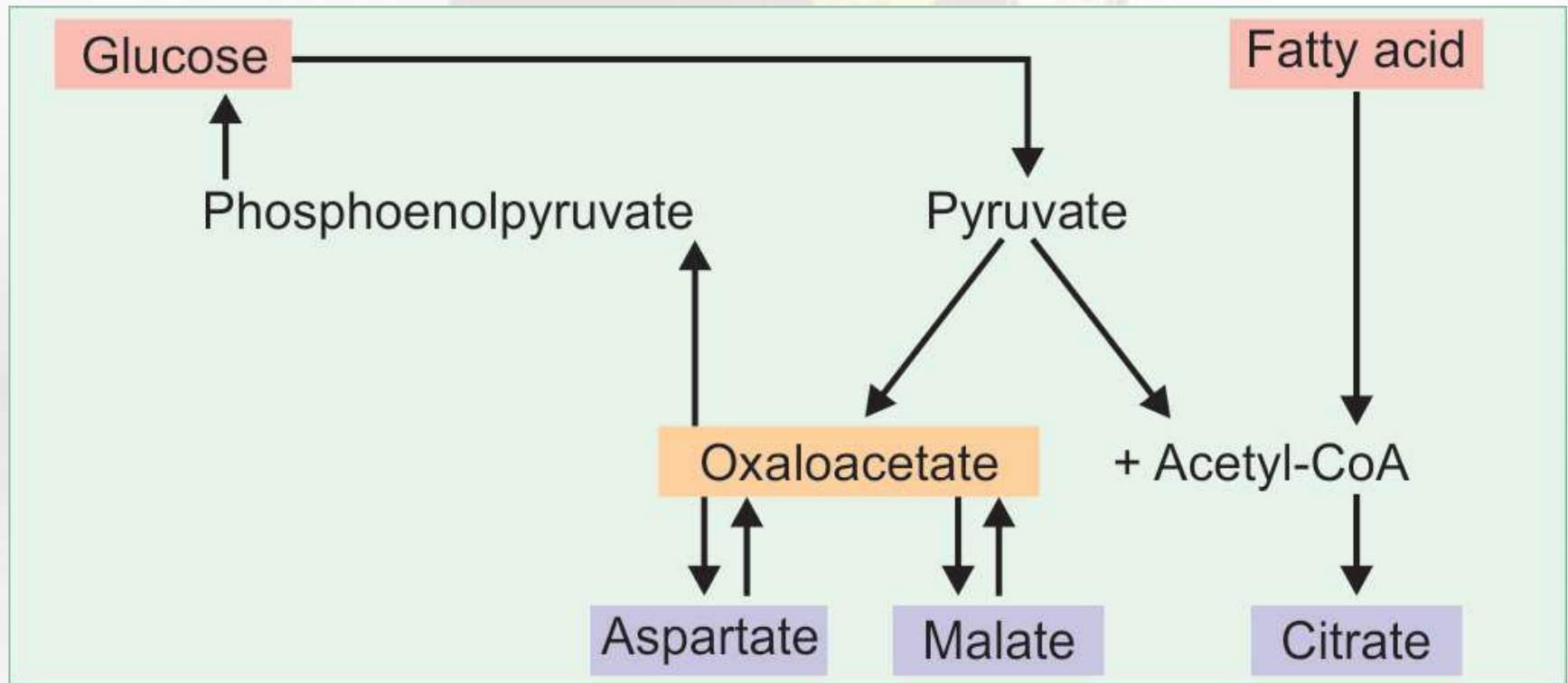


1. Final common oxidative pathway that oxidises acetyl CoA to CO<sub>2</sub>.
2. Source of reduced co-enzymes that provide the substrate for the respiratory chain.
3. It acts as a link between catabolic and anabolic pathways (amphibolic role).
4. Provides precursors for synthesis of amino acids and nucleotides.





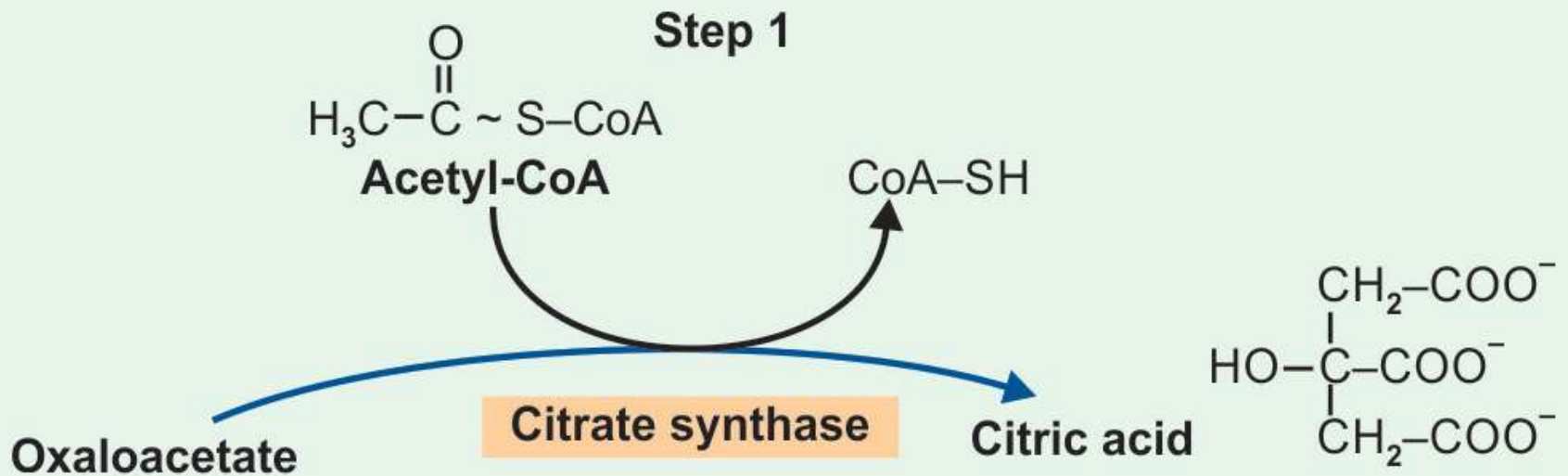
Sources and utilization of acetyl-CoA.



## Reactions of oxaloacetate

NINTH EDITION



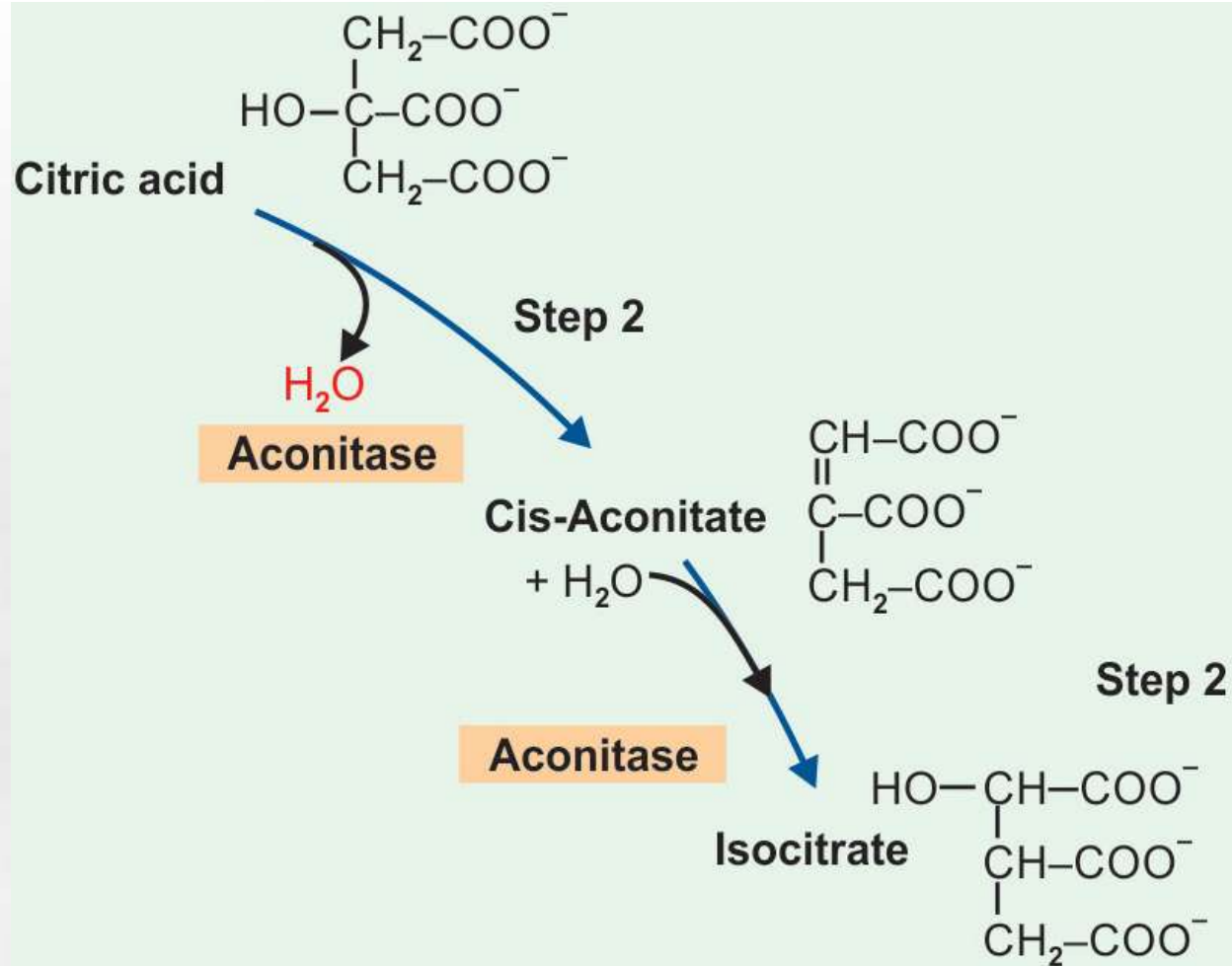


## Step 1 of citric acid cycle.

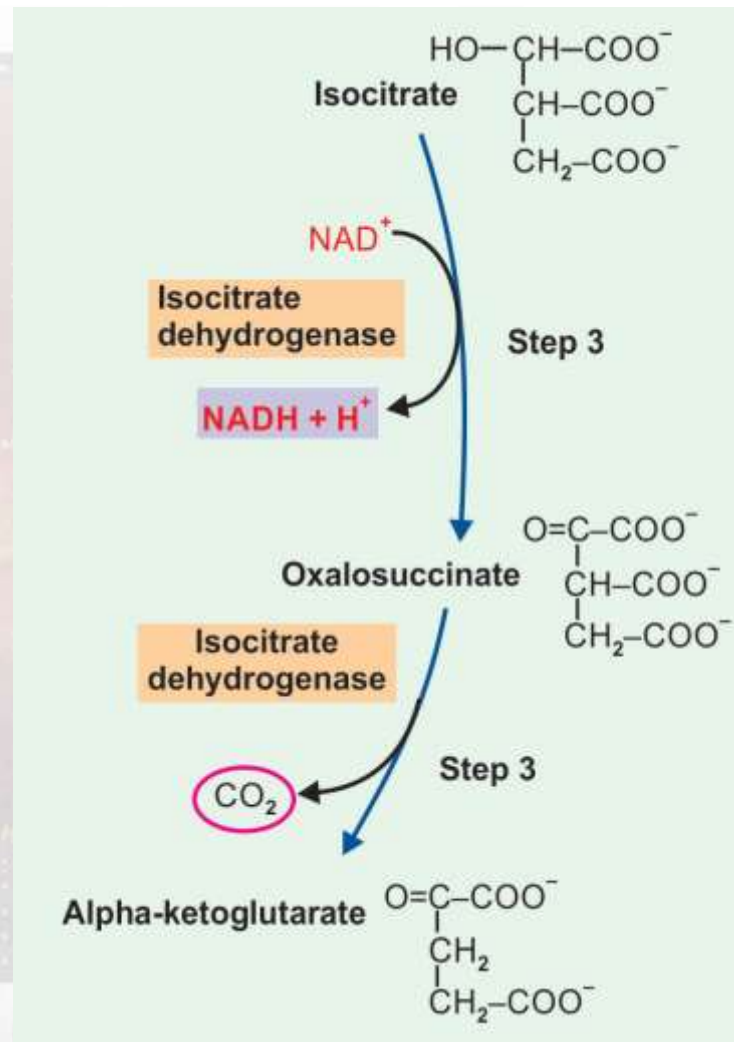
- Thoroughly revised & updated
- Key concepts & summary included
- Richly illustrated
- Updated Long & Short Qs and Essay Qs
- New MCQs and Case studies

DM Vasudevan  
Sreekumari S  
Kannan Vaidyanathan

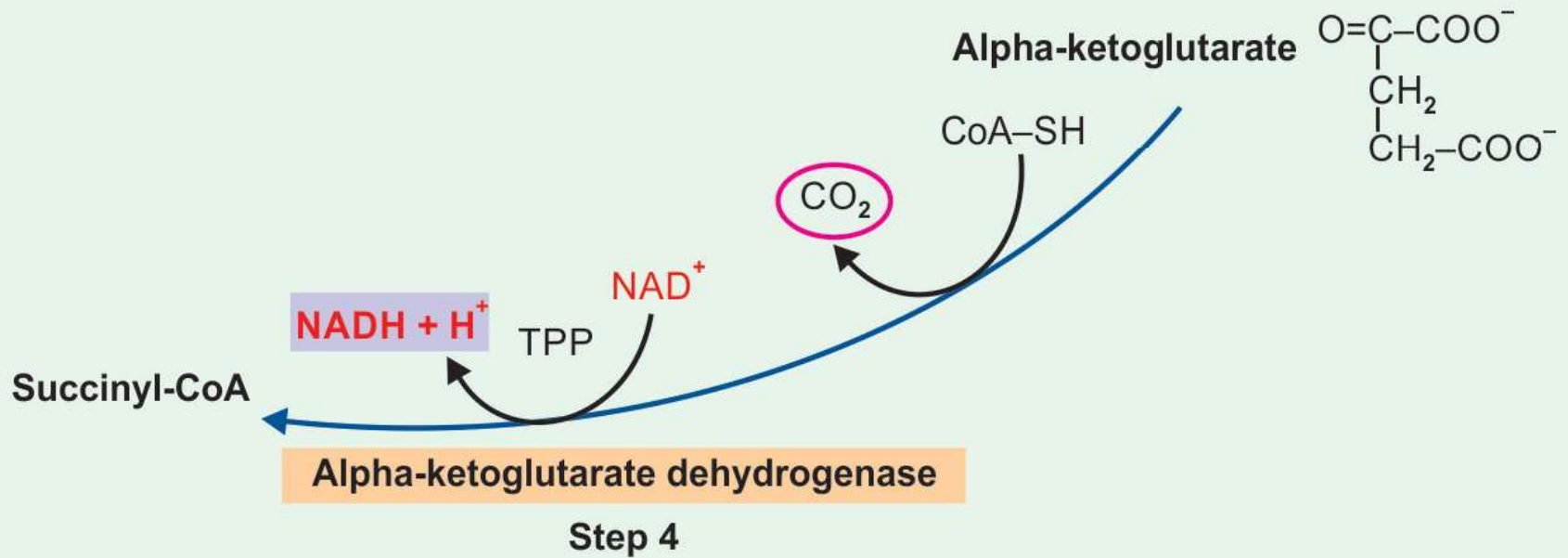
NINTH EDITION



Step 2 of citric acid cycle.

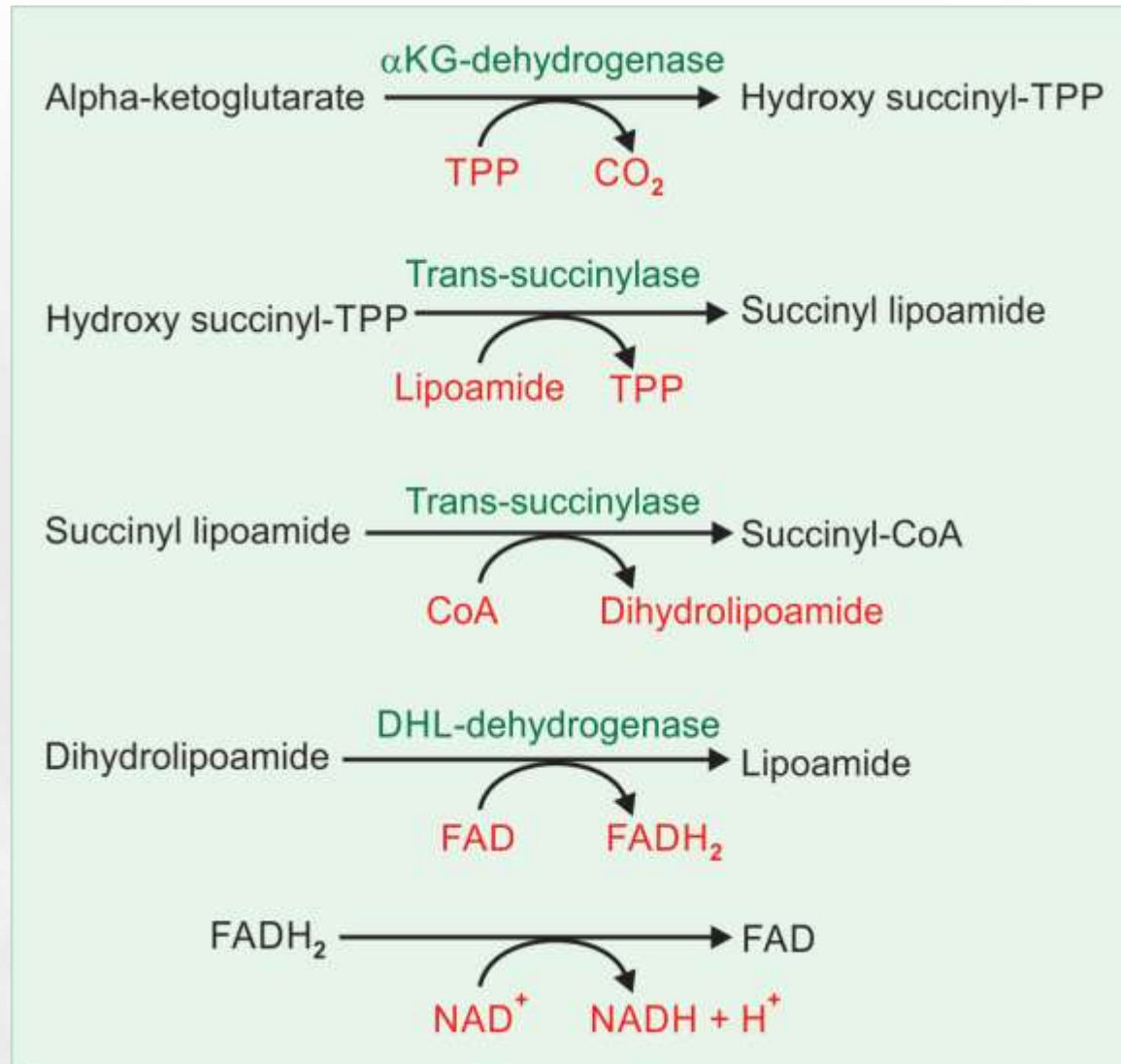


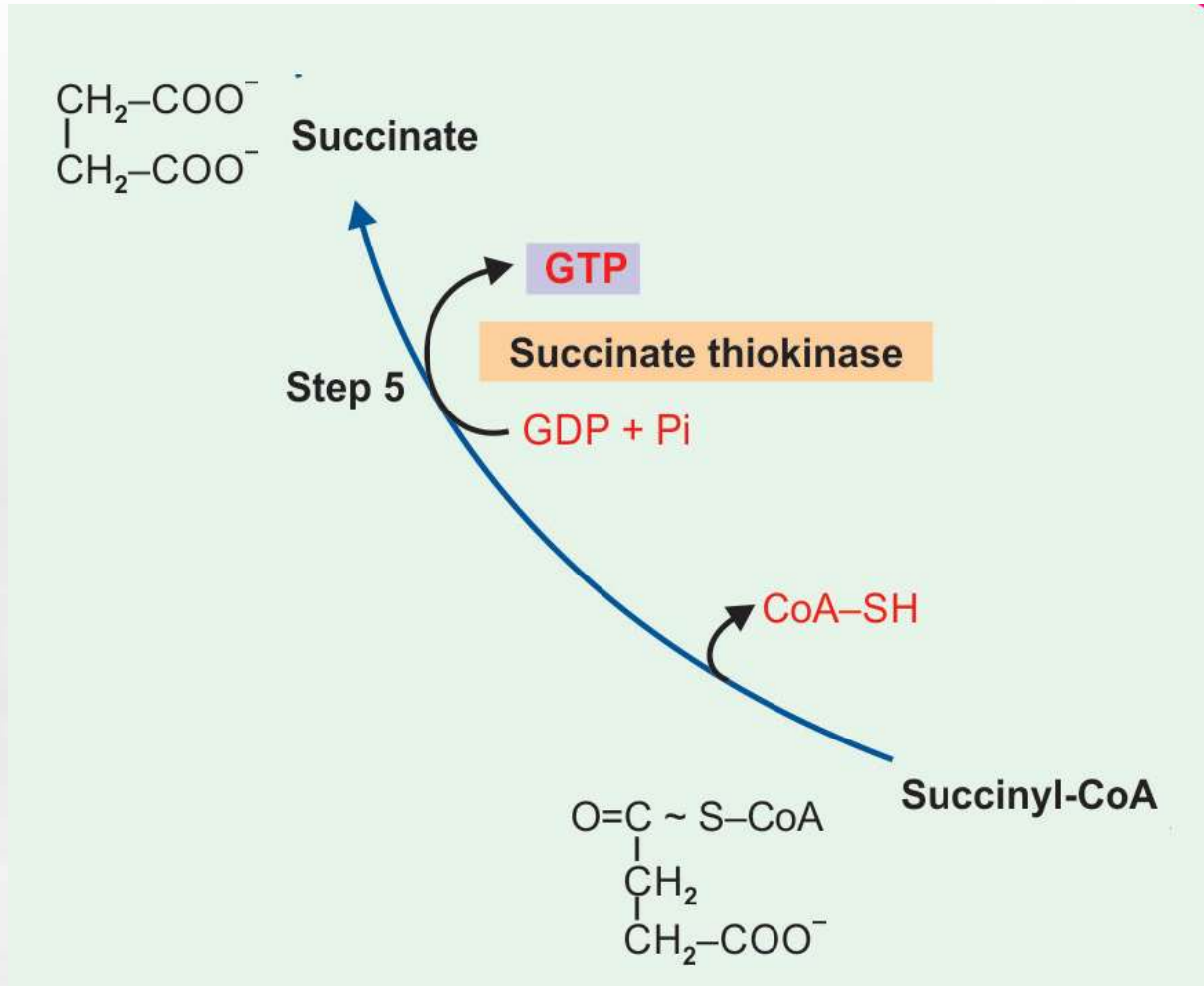
Step 3 of citric acid cycle.



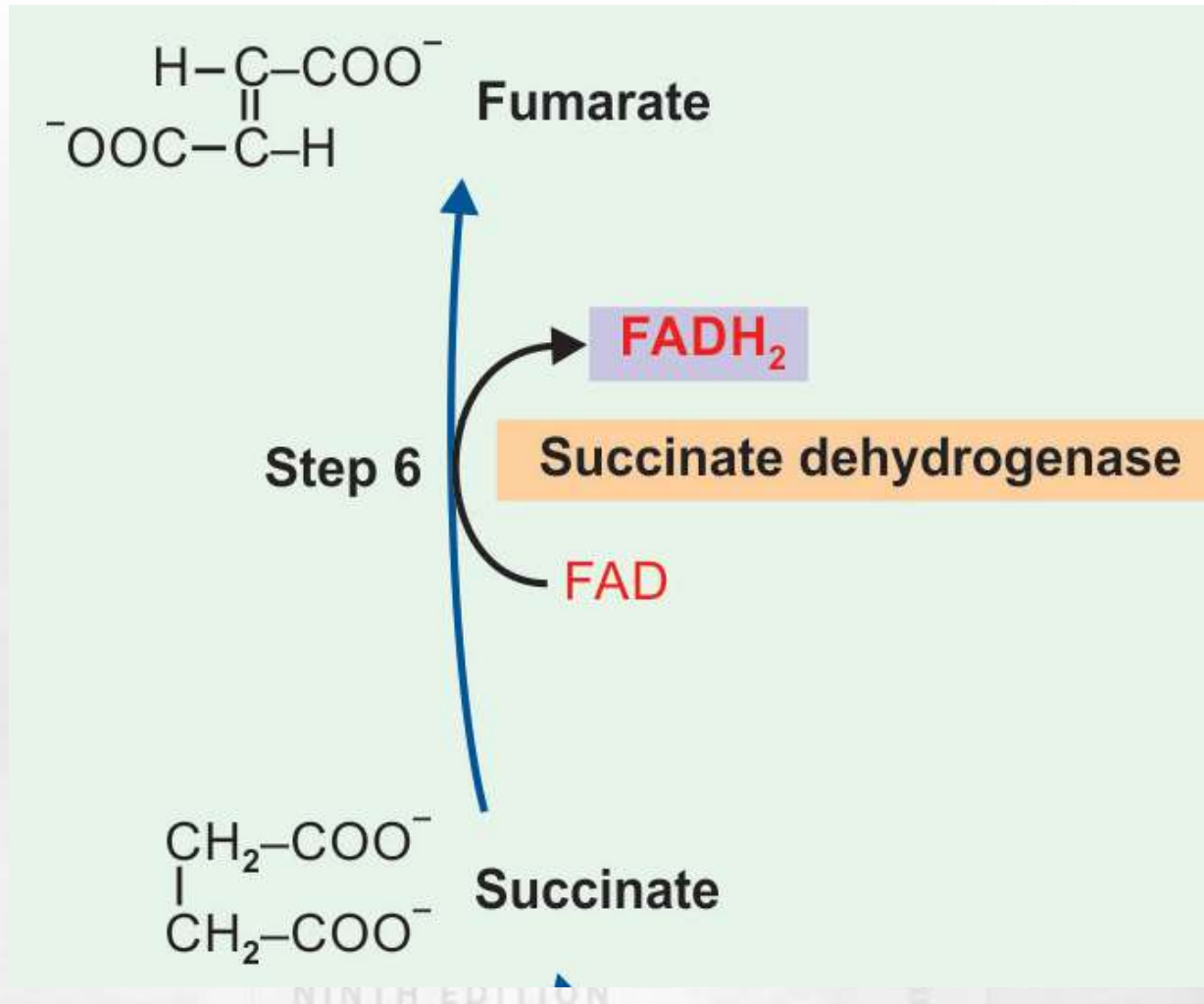
Step 4 of citric acid cycle.

NINTH EDITION

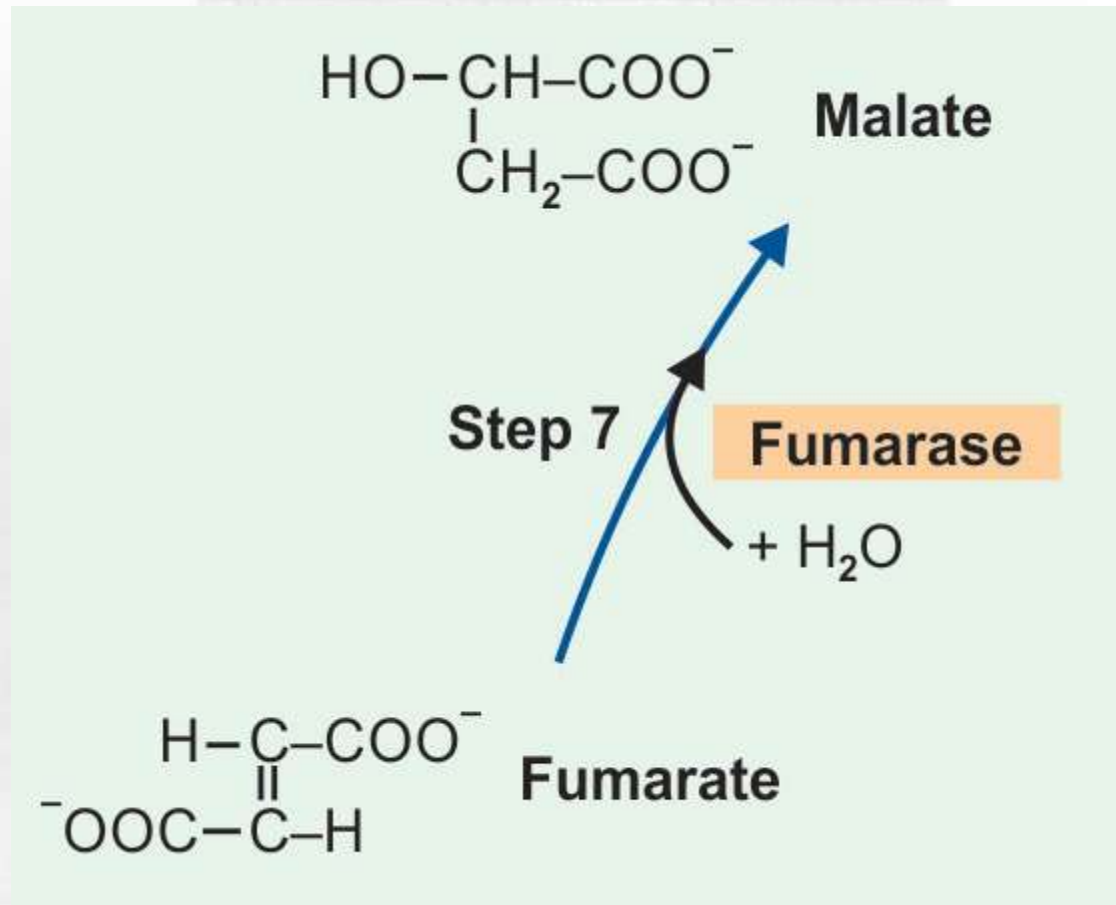




Step 5 of citric acid cycle.

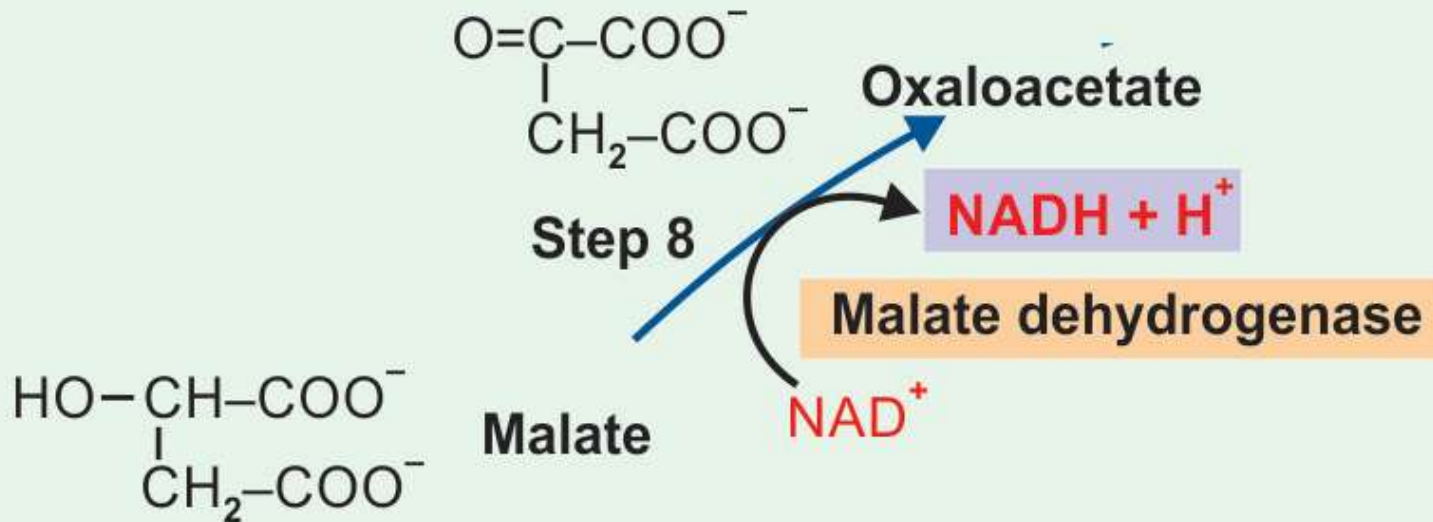


Step 6 of citric acid cycle.



Step 7 of citric acid cycle.



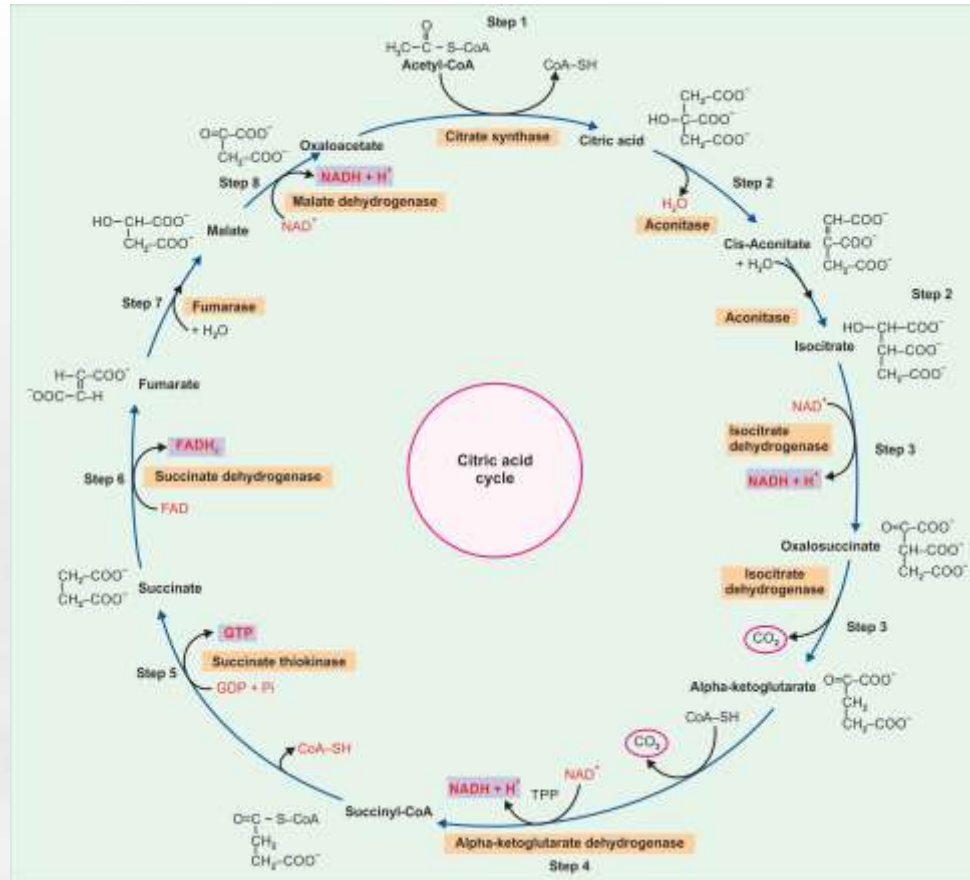


Step 8 of citric acid cycle.

- Richly illustrated
- Updated Long & Short Qs and Essay Qs
- New MCQs and Case studies

Kannan  
 Sreekumari S  
 Kannan Vaidyanathan

NINTH EDITION



Acetyl-CoA (2 carbon), enters the cycle. These carbon atoms are released as CO<sub>2</sub> in the steps 3 and 4. So acetyl-CoA is completely oxidized by the time the cycle reaches alpha-ketoglutarate.

**PK**

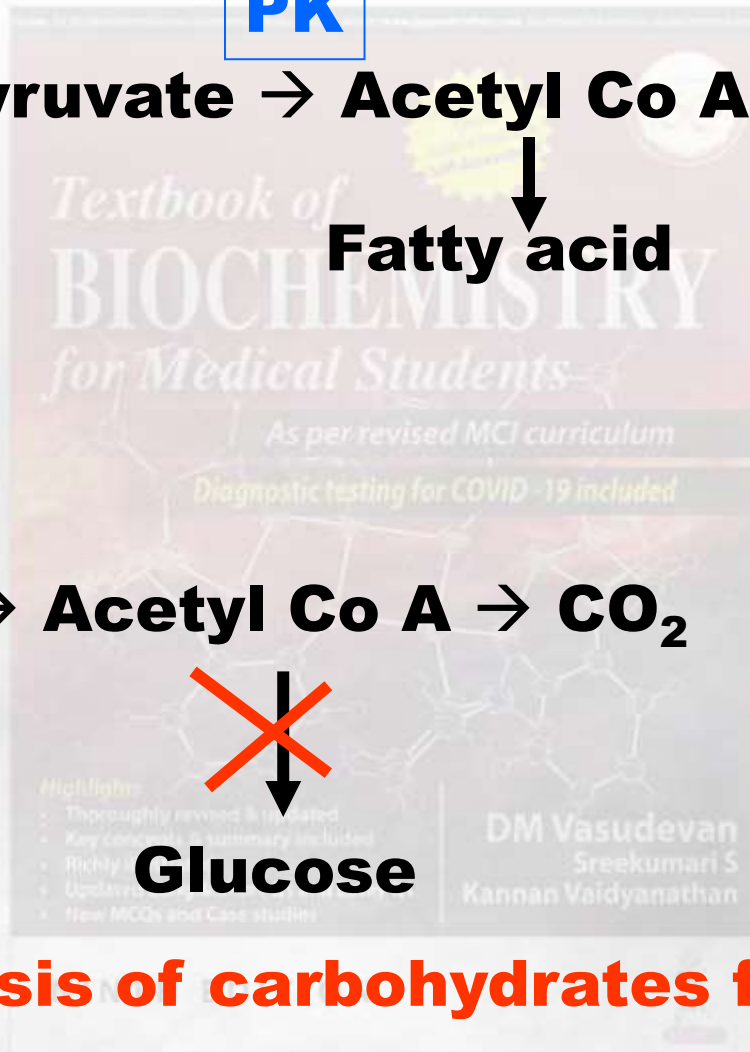
**Glucose → Pyruvate → Acetyl Co A**

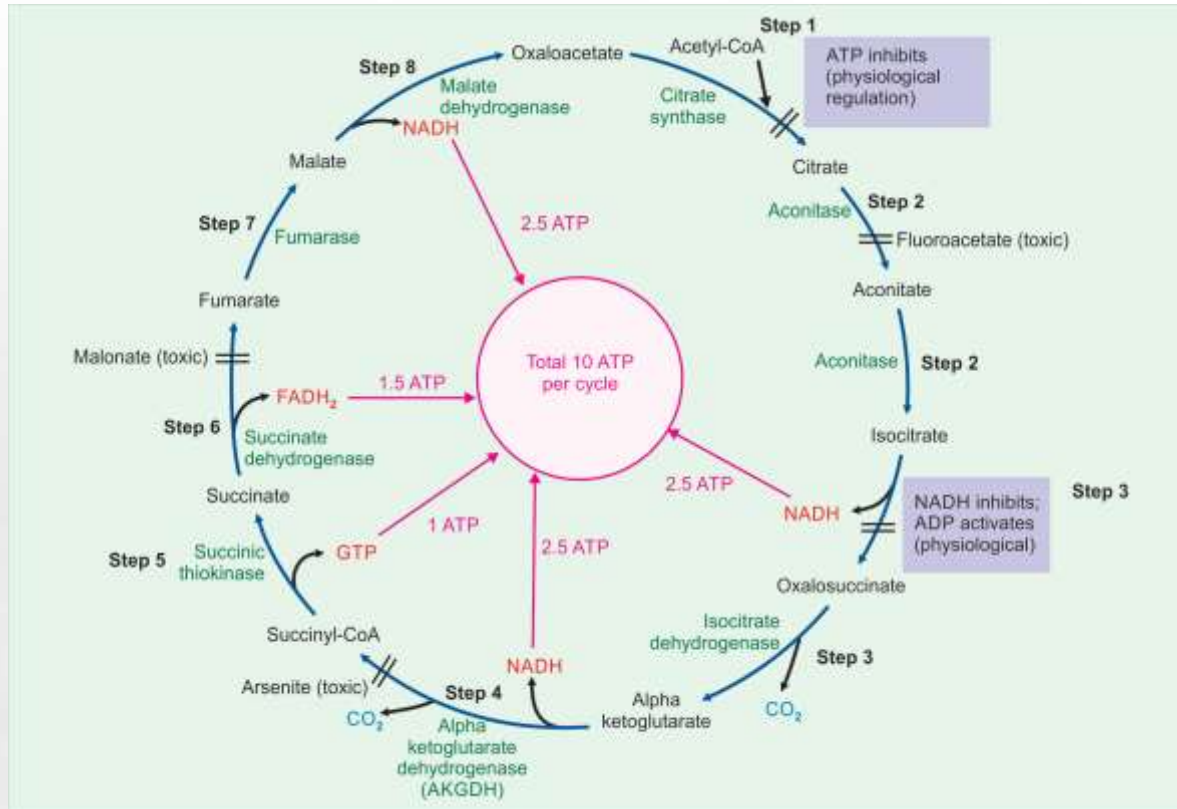
↓  
**Fatty acid**

**Fatty acid → Acetyl Co A → CO<sub>2</sub>**

↓  
**Glucose**

**No net synthesis of carbohydrates from fat**





Physiological regulatory steps are: step no.1 (citrate synthase) is physiologically inhibited by ATP. Step 3 (ICDH) is inhibited by NADH and activated by ADP. Steps where energy is trapped are marked with the coenzyme and the number of ATP generated during that reaction. A total of 10 ATPs are generated during one cycle.

# ATP Generation Steps of Citric Acid Cycle

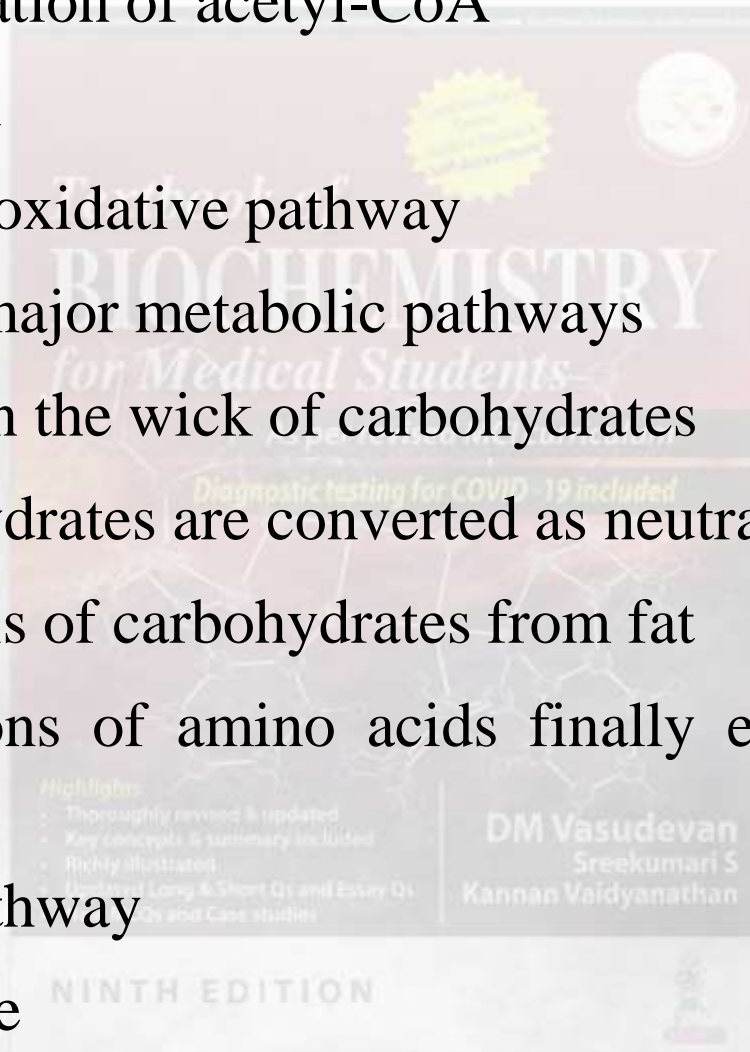


Step No.	Reactions no.	Co-enzyme	ATPs generated
3	Isocitrate → alpha ketoglutarate	NADH	2.5
4	Alpha ketoglutarate → succinyl CoA	NADH	2.5
5	Succinyl CoA → Succinate	GTP	1
6	Succinate → Fumarate	FADH <sub>2</sub>	1.5
8	Malate → Oxaloacetate	NADH	2.5
		Total	10

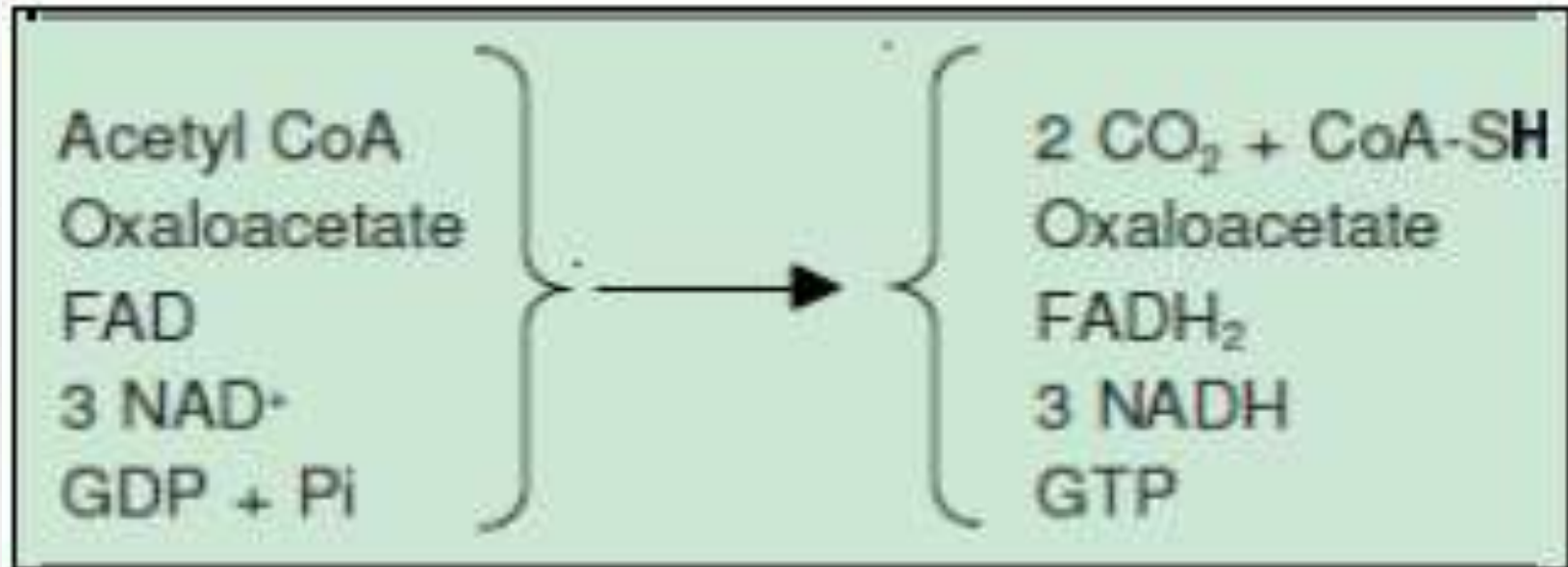
# Significance of Citric Acid Cycle



1. Complete oxidation of acetyl-CoA
2. ATP generation
3. Final common oxidative pathway
4. Integration of major metabolic pathways
5. Fat is burned on the wick of carbohydrates
6. Excess carbohydrates are converted as neutral fat
7. No net synthesis of carbohydrates from fat
8. Carbon skeletons of amino acids finally enter the citric acid cycle
9. Amphibolic pathway
10. Anaplerotic role



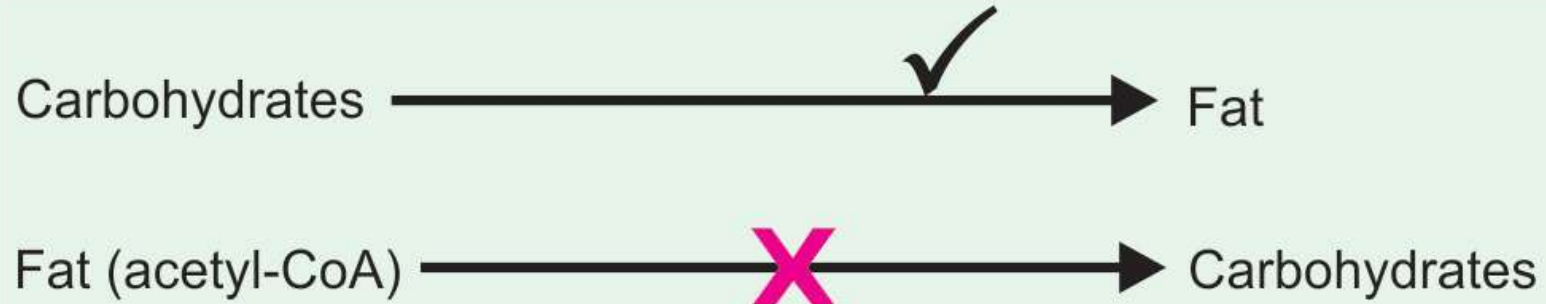
# Stoichiometry of the Citric Acid Cycle



- Thoroughly revised & updated
- Key concepts & summary included
- Richly illustrated
- Updated Long & Short Qs and Essay Qs
- New MCQs and Case studies

DM Vasudevan  
Sreekumari S  
Kannan Vaidyanathan

NINTH EDITION



Fat cannot be converted to glucose

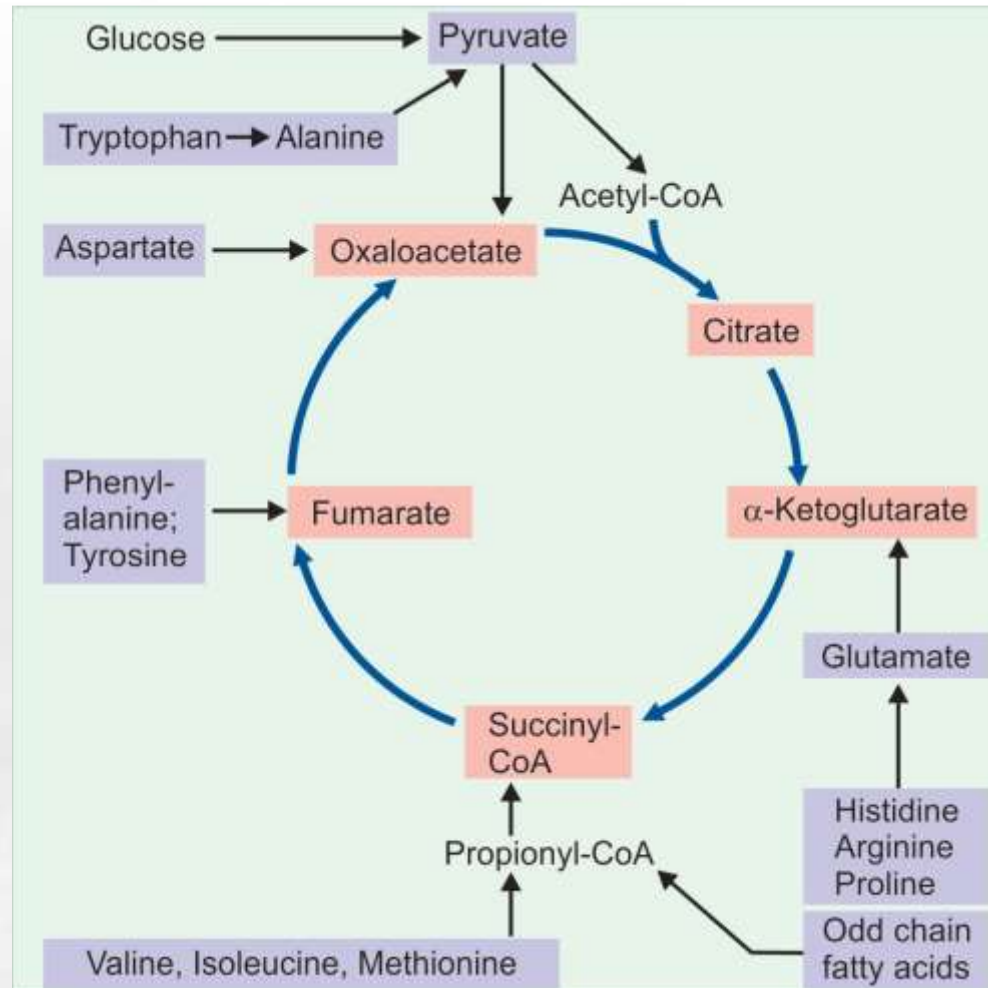
*Highlights*

- Thoroughly revised & updated
- Key concepts & summary included
- Richly illustrated
- Updated Long & Short Qs and Essay Qs
- New MCQs and Case studies

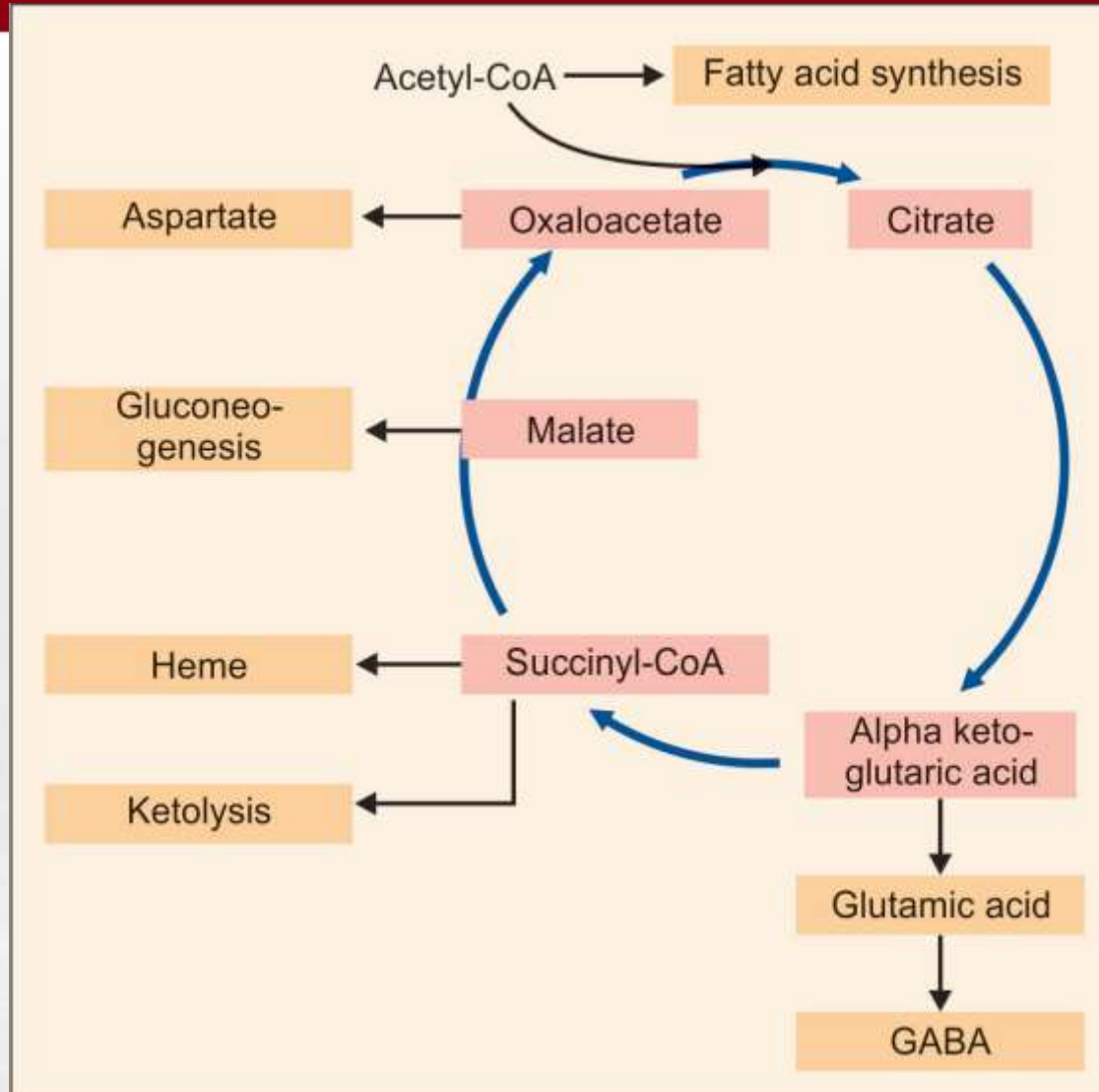
DM Vasudevan  
Sreekumari S  
Kannan Vaidyanathan

NINTH EDITION





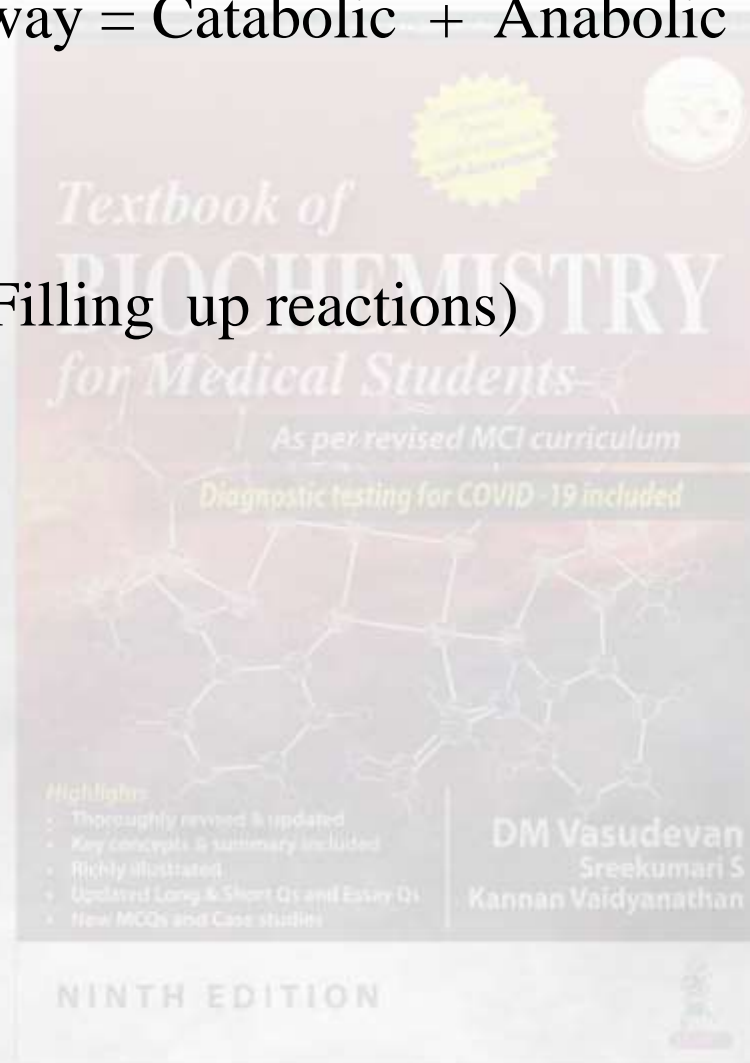
Influx of TCA cycle intermediates. Glucogenic amino acids entering the cycle are shown in violet boxes



## Efflux of TCA cycle intermediates

Amphibolic pathway = Catabolic + Anabolic

Anaplerotic role (Filling up reactions)



**Highlights**

- Thoroughly revised & updated
- Key concepts & summary included
- Richly illustrated
- Updated Long & Short Qs and Essay Qs
- New MCQs and Case studies

**DM Vasudevan**  
Sree Kumari S  
Kannan Vaidyanathan

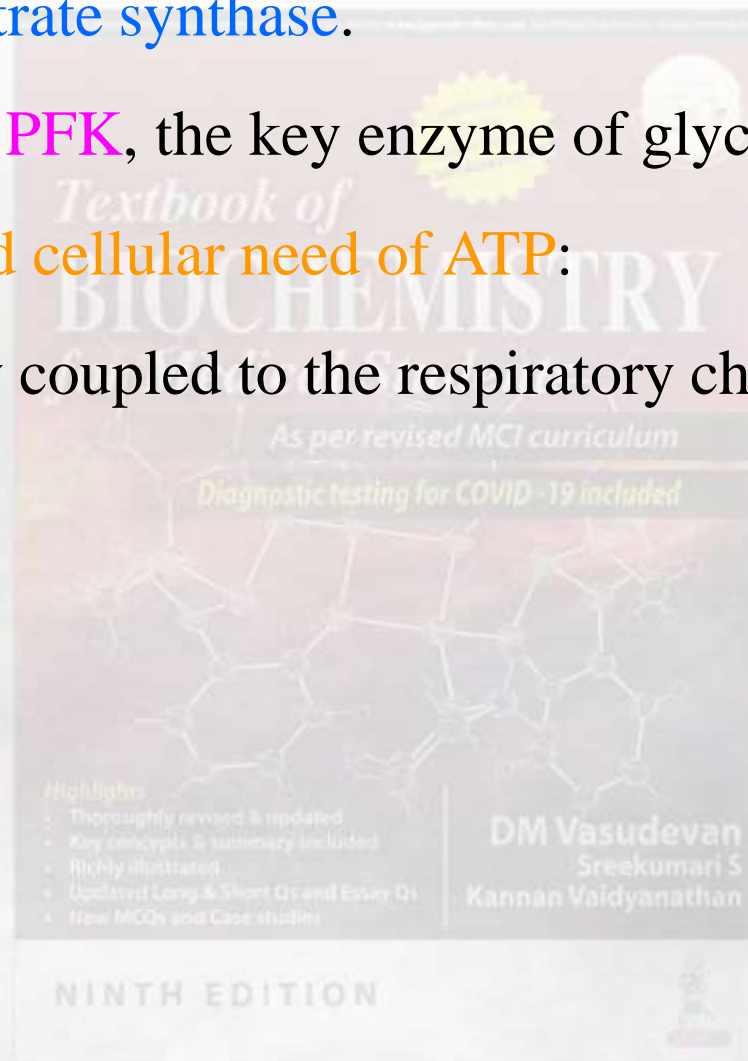
**NINTH EDITION**

# Regulation of the Citric Acid Cycle



1. ATP inhibits citrate synthase.
2. Citrate inhibits PFK, the key enzyme of glycolysis.
3. Availability and cellular need of ATP:

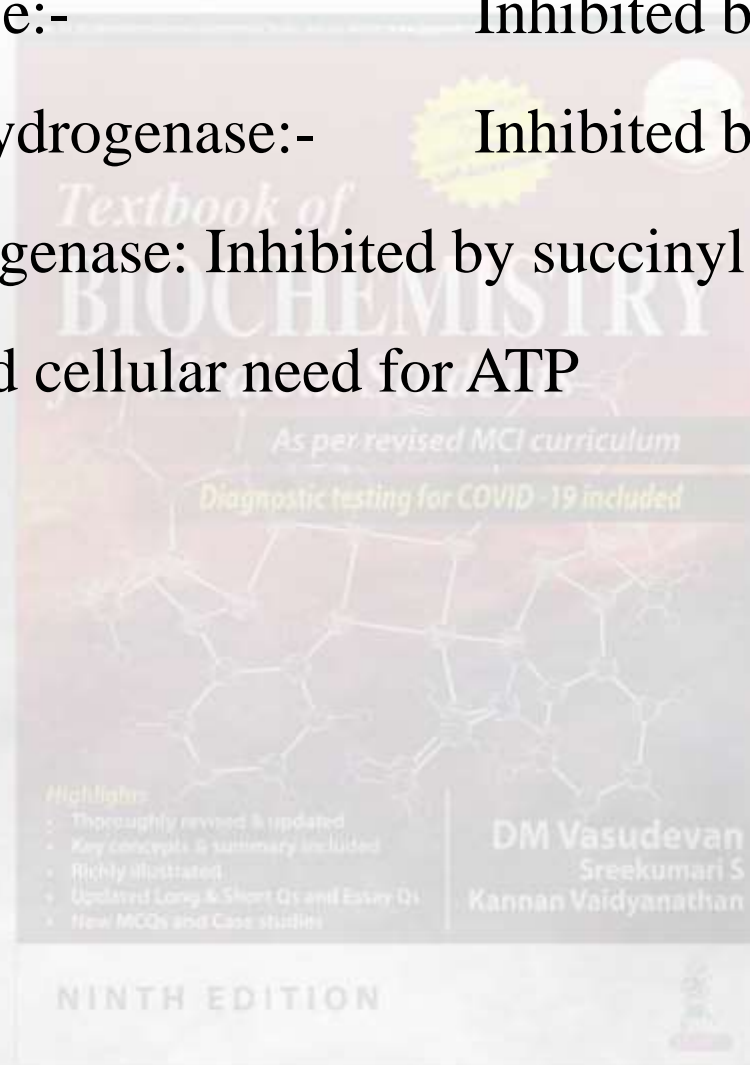
The cycle is tightly coupled to the respiratory chain providing ATP.



# Regulation of TCA Cycle



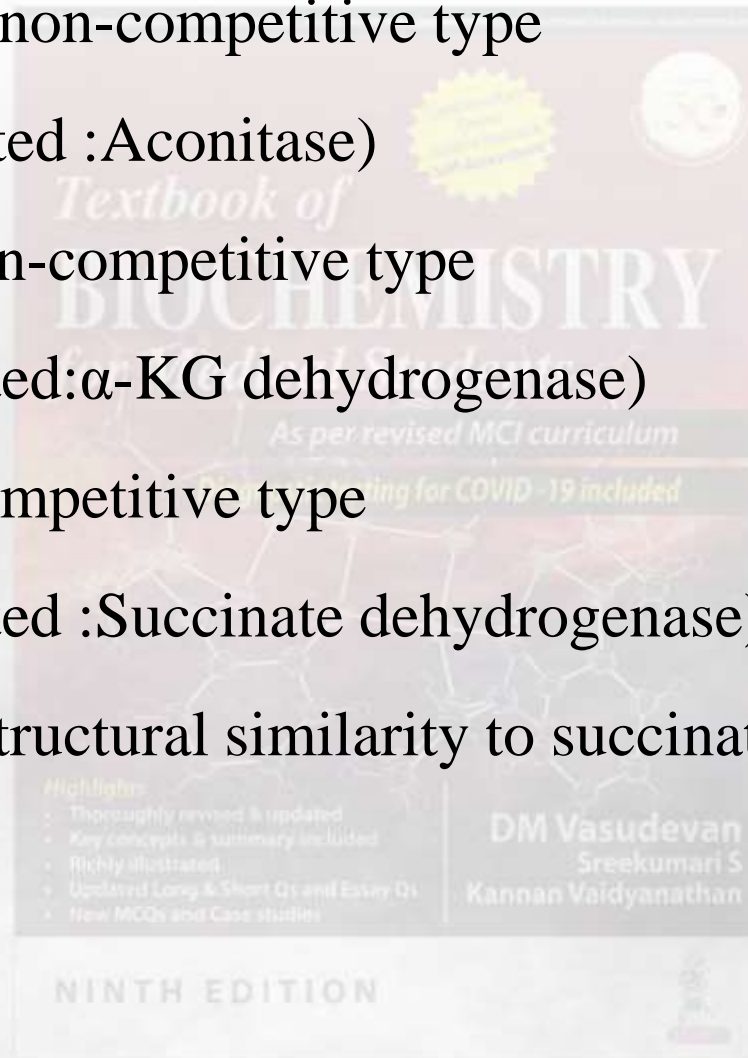
1. Citrate Synthase:- Inhibited by citrate; ATP
2. IsoCitrate Dehydrogenase:- Inhibited by NADH
3.  $\alpha$ -KG Dehydrogenase: Inhibited by succinyl Co-A and NADH.
4. Availability and cellular need for ATP



# Inhibitors of TCA Cycle



- Fluoroacetate : non-competitive type  
(Enzyme inhibited :Aconitase)
- Arsenite : non-competitive type  
(Enzyme inhibited: $\alpha$ -KG dehydrogenase)
- Malonate : competitive type  
(Enzyme inhibited :Succinate dehydrogenase)  
Malonate has structural similarity to succinate



# Metabolic Defects of Oxidative Metabolism

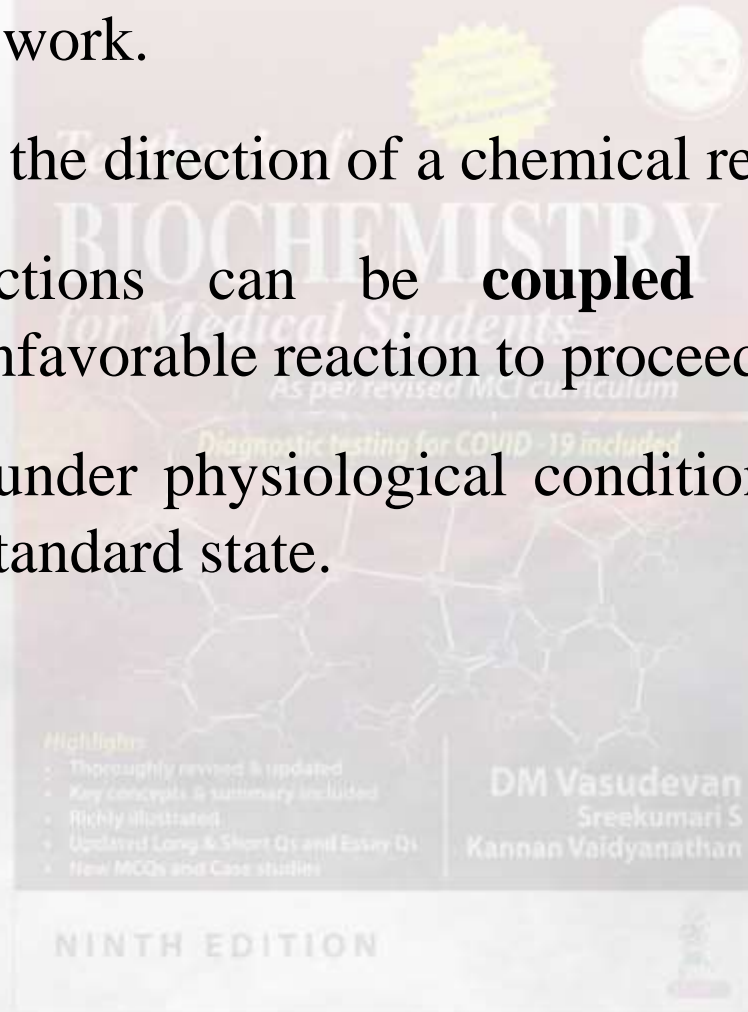


Enzymes	Reactions catalysed	Abnormalities
<b>Pyruvate dehydrogenase</b>	Pyruvate → acetyl CoA	Lactic acidosis Neurological disorders
<b>Acyl CoA-dehydrogenase</b>	Fatty acyl CoA → alpha, beta-unsaturated fatty acyl CoA	Organic aciduria, glutaric aciduria, acidosis, hypoglycemia. Electron flow from FAD → CoQ is affected
<b>Pyruvate carboxylase</b>	Pyruvate → Oxaloacetate	Oxaloacetate needed for sparking TCA cycle is deficient. Lactic acidosis, hyperammonemia and hyperalaninemia

# Summary of Bioenergetics



1. **Free energy** is a measure of the energy available to perform useful work.
2.  $\Delta G$  can predict the direction of a chemical reaction.
3. Chemical reactions can be **coupled** which allows an energetically unfavorable reaction to proceed to conclusion.
4.  $\Delta G$  measured under physiological conditions may be different from that at a standard state.





# Redox Potentials

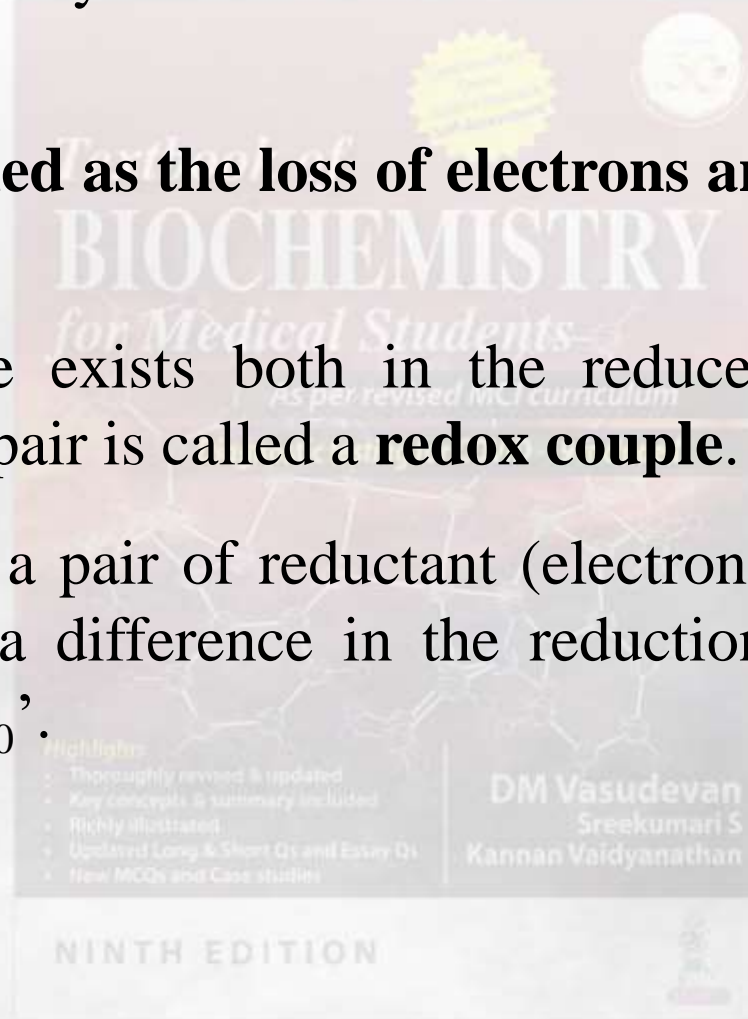


Redox potential of a system is the electron transfer potential  $E_0'$ .

**Oxidation is defined as the loss of electrons and reduction as the gain in electrons.**

When a substance exists both in the reduced state and in the oxidised state, the pair is called a **redox couple**.

A redox couple is a pair of reductant (electron carrying reductant) and oxidant with a difference in the reduction potential between them denoted by  $E_0'$ .



# Substrate Level Phosphorylation



Here energy from a high energy compound is directly transferred to nucleoside diphosphate to form a triphosphate without the help of ETC, e.g.

- Bisphosphoglycerate kinase ;
- Pyruvate kinase
- Succinate thiokinase



# Redox Potentials



Oxidant	Reductant	E0' (in V)
<b>NAD<sup>+</sup></b>	<b>NADH + H<sup>+</sup></b>	<b>- 0.32</b>
<b>Cytochrome b<sub>3</sub></b>	<b>Cytochrome b<sub>2</sub></b>	<b>+ 0.07</b>
<b>Coenzyme Q</b>	<b>Coenzyme QH<sub>2</sub></b>	<b>+ 0.10</b>
<b>Cytochrome c<sub>1</sub></b>	<b>Cytochrome c<sub>2</sub></b>	<b>+ 0.22</b>
<b>Cytochrome a<sub>3</sub></b>	<b>Cytochrome a<sub>2</sub></b>	<b>+ 0.29</b>
<b>1/2 O<sub>2</sub> + 2H</b>	<b>H<sub>2</sub>O</b>	<b>+ 0.82</b>

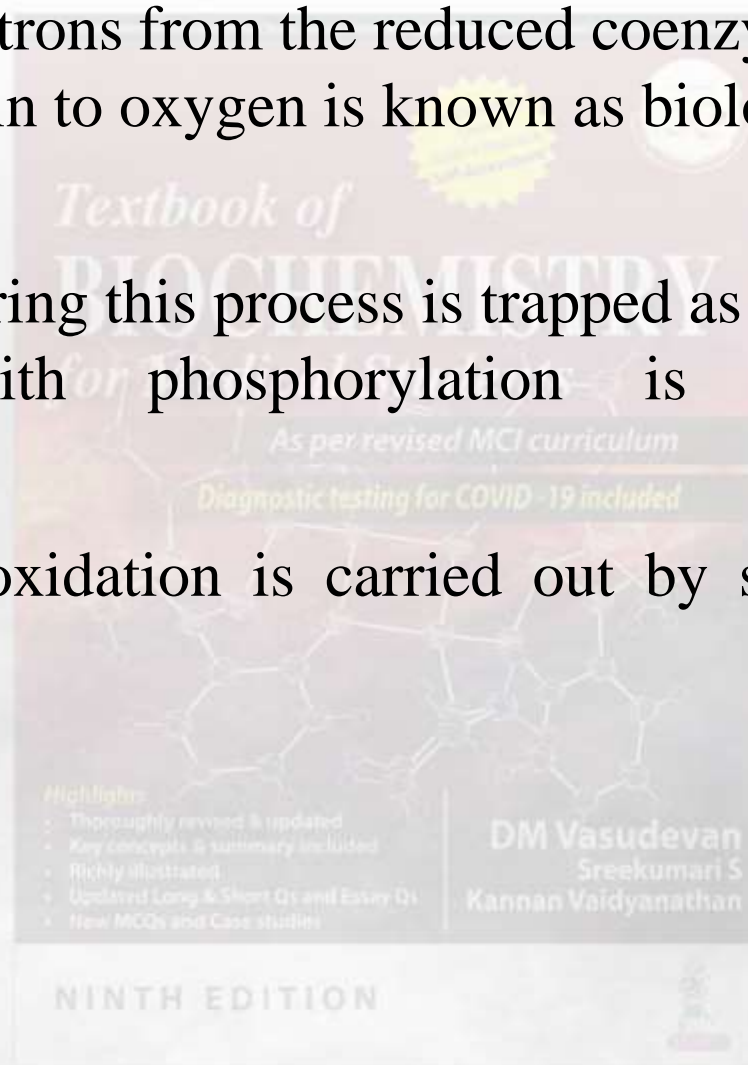
# Biological Oxidation



The transfer of electrons from the reduced coenzymes through the respiratory chain to oxygen is known as biological oxidation.

Energy released during this process is trapped as ATP. This coupling of oxidation with phosphorylation is called **oxidative phosphorylation**.

In the body, this oxidation is carried out by successive steps of **dehydrogenations**.



# Electron Transport Chain



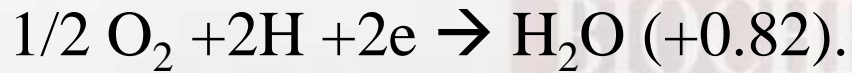
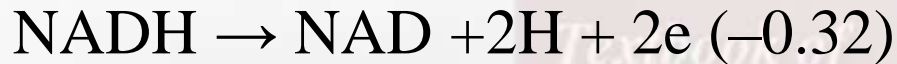
The electron flow occurs through successive dehydrogenase enzymes, together known as electron transport chain. **The electrons flow from electronegative potential ( $-0.32$ ) to electropositive potential ( $+ 0.82$ ).**



# Energetics of Oxidative Phosphorylation

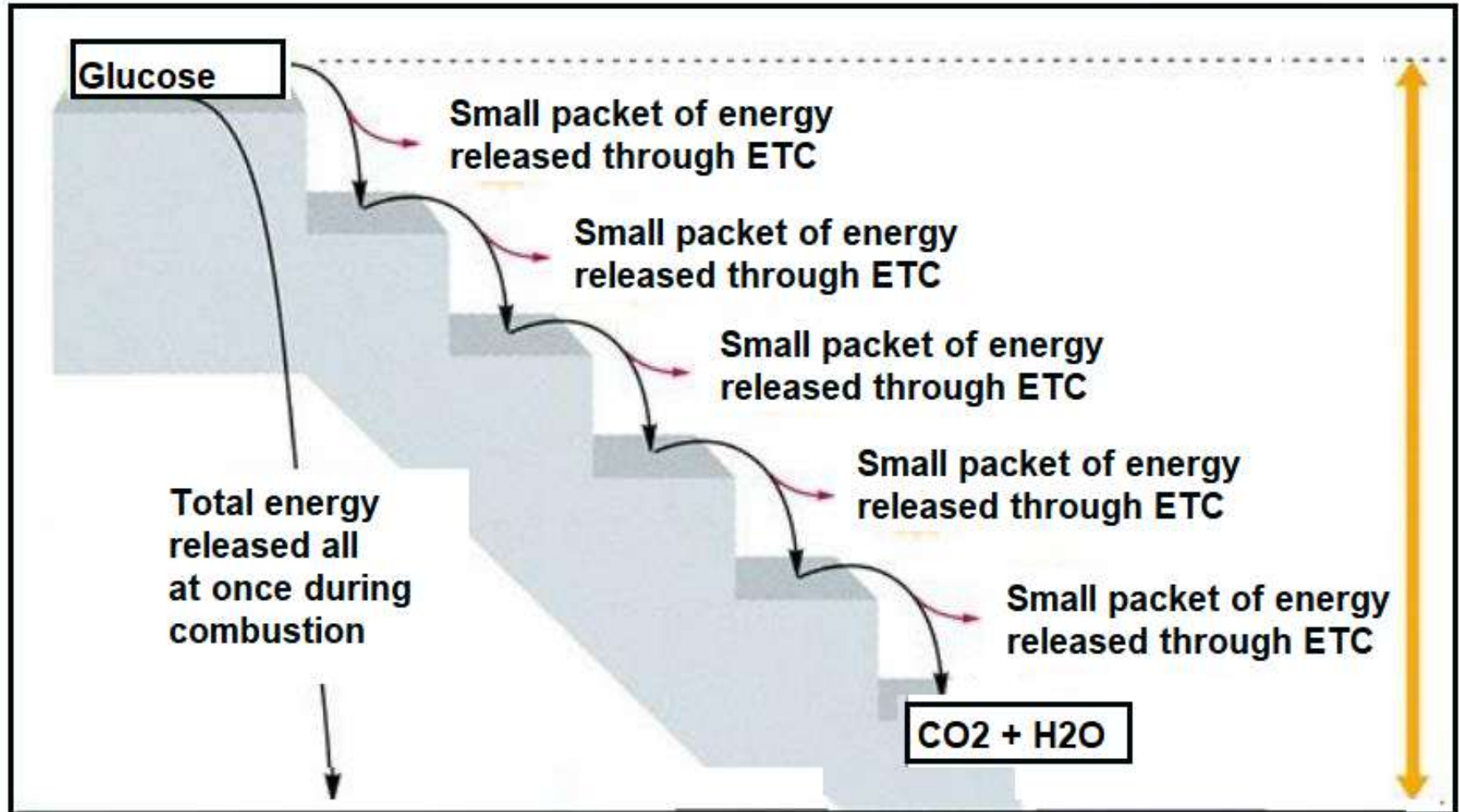


It is seen that there is an overall difference of 1.14V between NADH and oxygen



When the  $\Delta G^0'$  is calculated, the electron transport is an exergonic process. The free energy change between  $\text{NAD}^+$  and water is equal to 53 kcal/mol. This is so great that, if this much energy is released at one stretch, body cannot utilize it. Hence with the help of ETC assembly, the total energy change is released in small increments so that energy can be trapped as **chemical bond energy, ATP**. The free energy change required to produce one ATP is only  $-7.5$  kcal/mol. The total energy change is broken up into 3 parcels each contributing to the synthesis of ATP.

# Body traps energy with small increments



**The NAD<sup>+</sup> linked dehydrogenases are:**

Glyceraldehyde-3-phosphate dehydrogenase

Isocitrate dehydrogenase

Malate dehydrogenase

Glutamate dehydrogenase

Beta hydroxy acyl CoA dehydrogenase

Pyruvate dehydrogenase

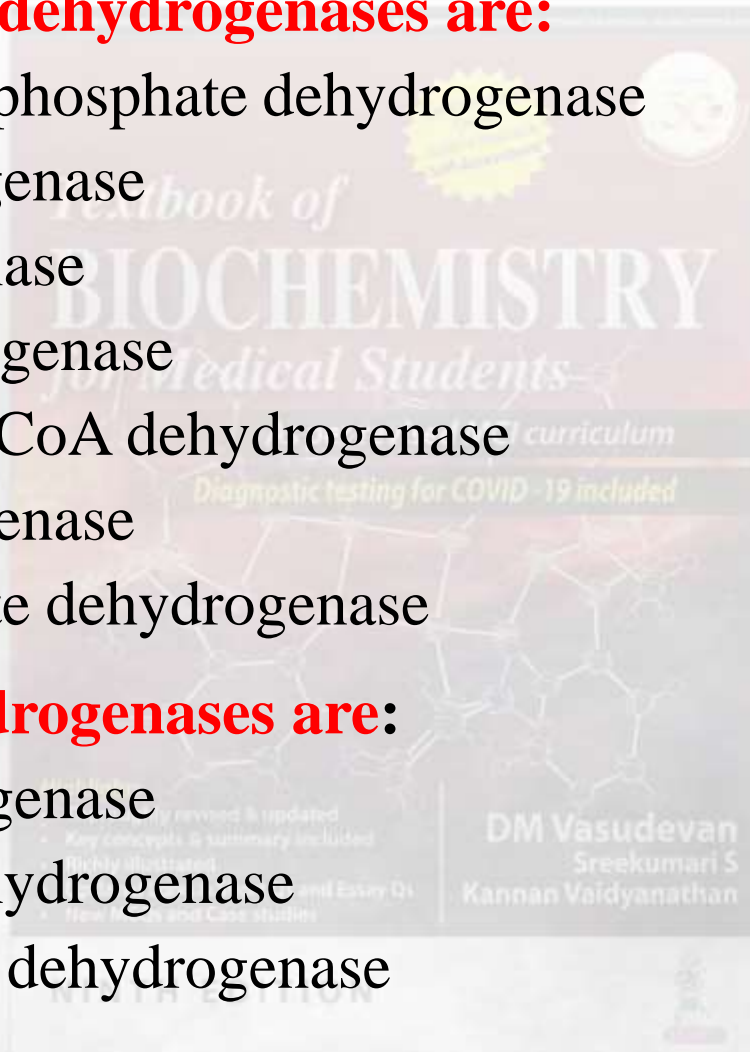
Alpha keto glutarate dehydrogenase

**FAD-linked dehydrogenases are:**

Succinate dehydrogenase

Fatty acyl CoA dehydrogenase

Glycerolphosphate dehydrogenase





# High-energy Compounds

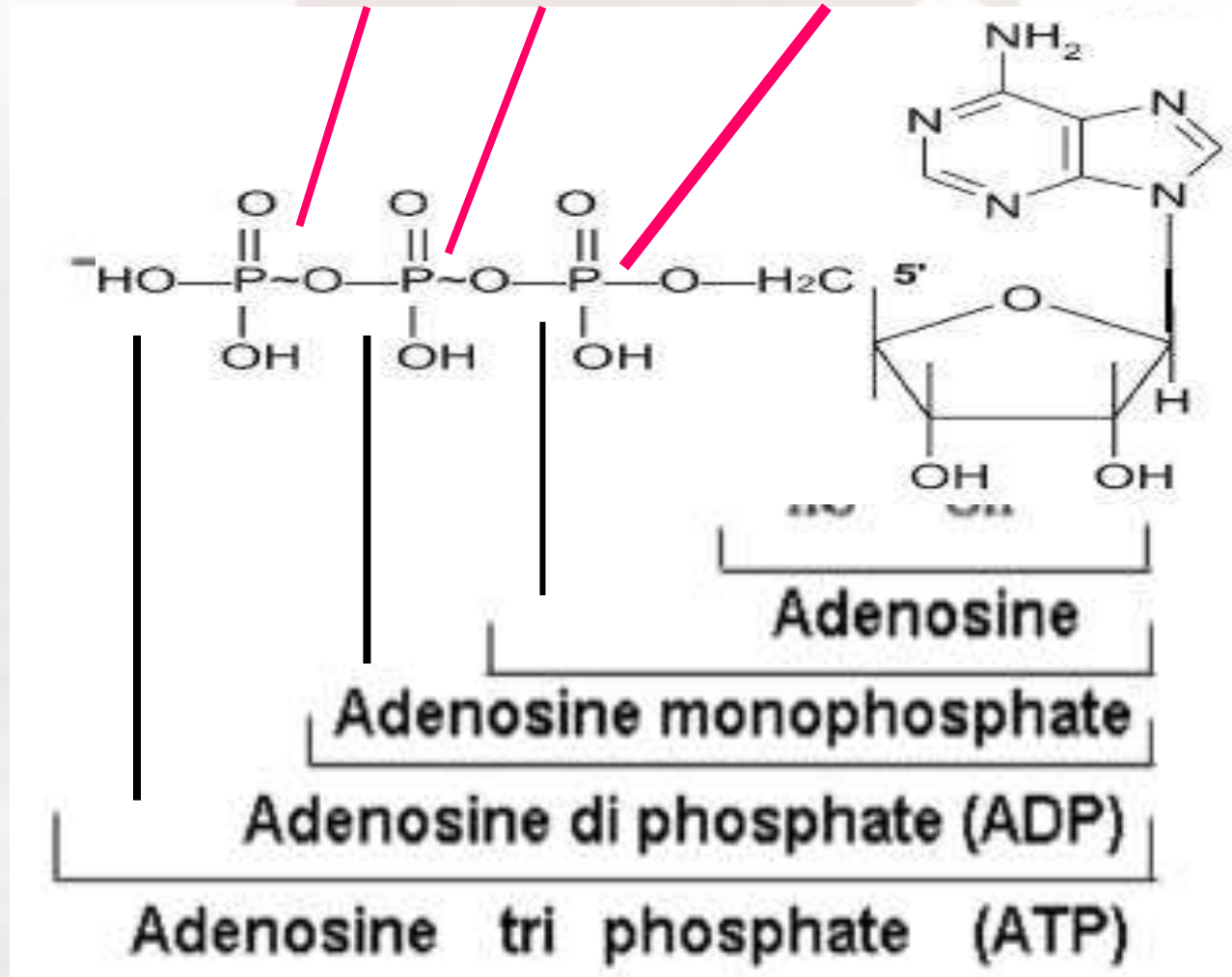


Energy rich compound	$\Delta G^{\circ}$ in kcal/mol	
1. Nucleotides: (ATP, GTP, UTP, UDP-glucose)		
ATP to AMP + PPi	-10.7 kcal	
ATP to ADP + Pi	- 7.3	
2. Creatine phosphate	-10.5	
3. Arginine phosphate		
4. 1,3-bisphospho glycerate	-10.1	
5. Phosphoenol pyruvate	-14.8	
6. Inorganic pyrophosphate		
7. Carbamoyl phosphate	-12.3	
8. Acetyl CoA	- 7.5	
9. S-adenosyl methionine (SAM)	-7.1	

# ATP

High energy phosphate bonds

Ester bond



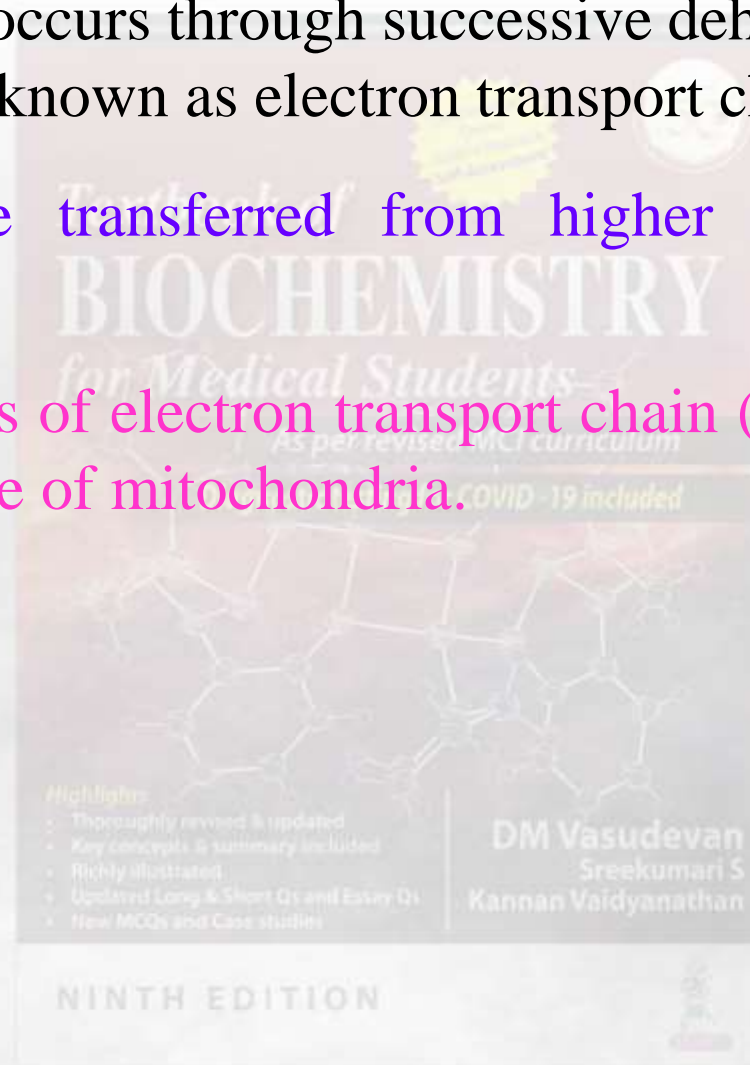
# Electron Transport Chain



The electron flow occurs through successive dehydrogenase enzymes, together known as electron transport chain ( ETC ).

The electrons are transferred from higher potential to lower potential.

All the components of electron transport chain (ETC) are located in the inner membrane of mitochondria.

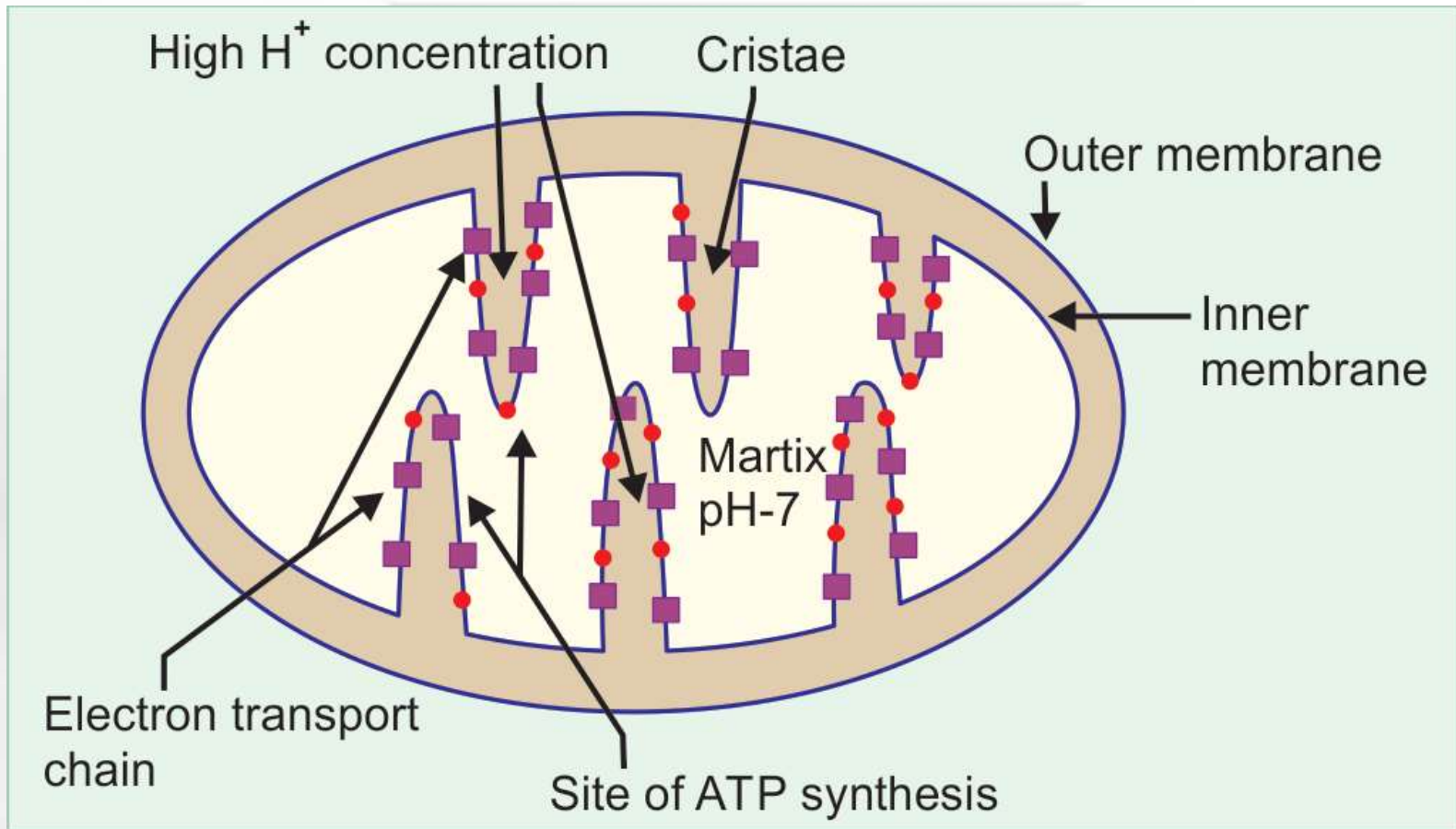


#### Highlights

- Thoroughly revised & updated
- Key concepts & summary included
- Richly illustrated
- Updated Long & Short Qs and Essay Qs
- New MCQs and Case studies

DM Vasudevan  
Sree Kumari S  
Kannan Vaidyanathan

NINTH EDITION



## NINTH E Mitochondria

# Location of Enzymes in Mitochondria.



## Mitochondria, outer membrane:

- Mono amino oxidase
- Acyl-CoA synthetase
- Phospholipase A<sub>2</sub>

## In between outer and inner membrane:

- Adenylate kinase
- Creatine kinase

## Inner membrane, outer surface:

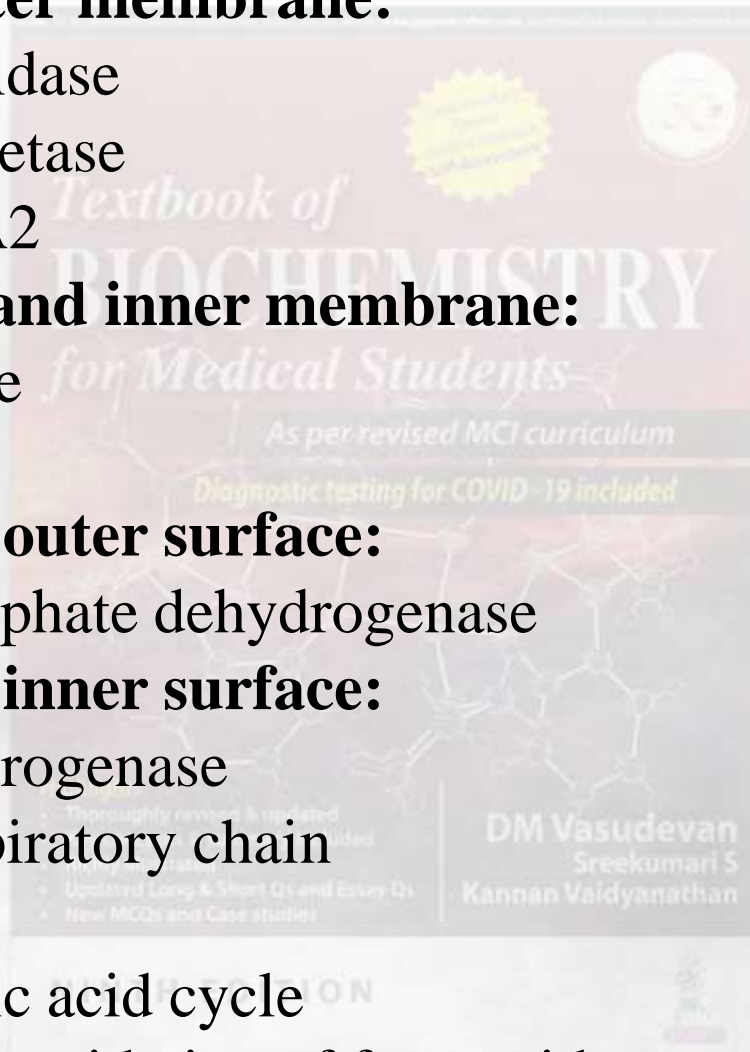
- Glycerol-3-phosphate dehydrogenase

## Inner membrane, inner surface:

- Succinate dehydrogenase
- Enzymes of respiratory chain

## Soluble matrix:

- Enzymes of citric acid cycle
- Enzymes of beta oxidation of fatty acid



# Summary of Electron Flow in Electron Transport Chain (ETC)

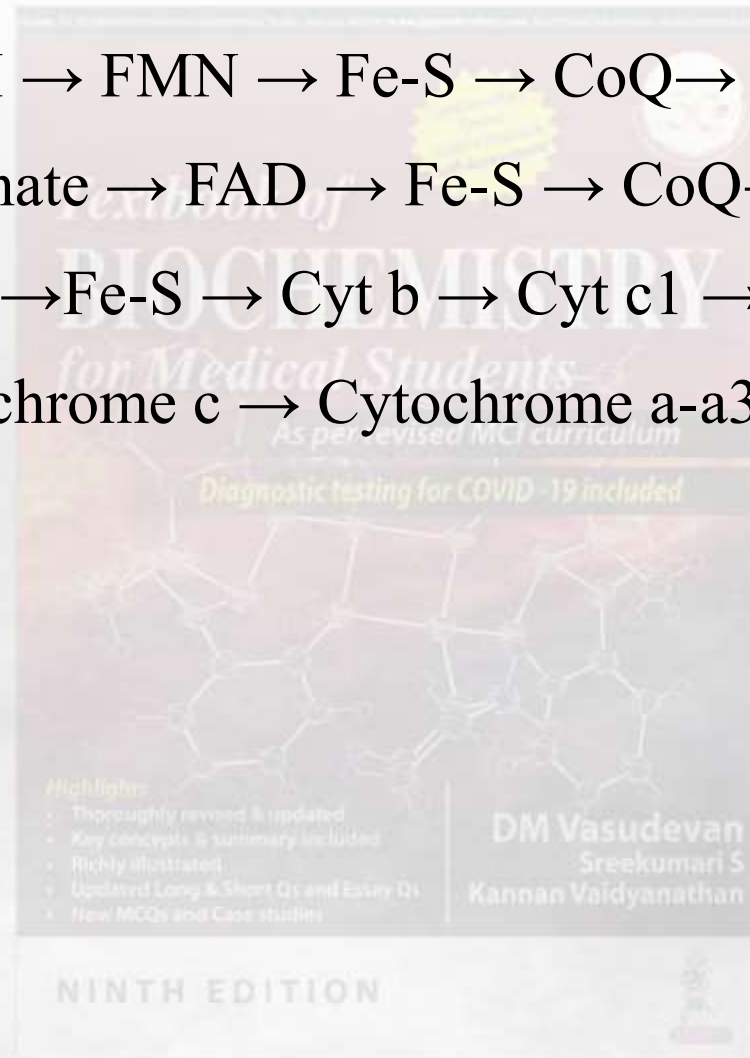


Complex I:  $\text{NADH} \rightarrow \text{FMN} \rightarrow \text{Fe-S} \rightarrow \text{CoQ} \rightarrow$

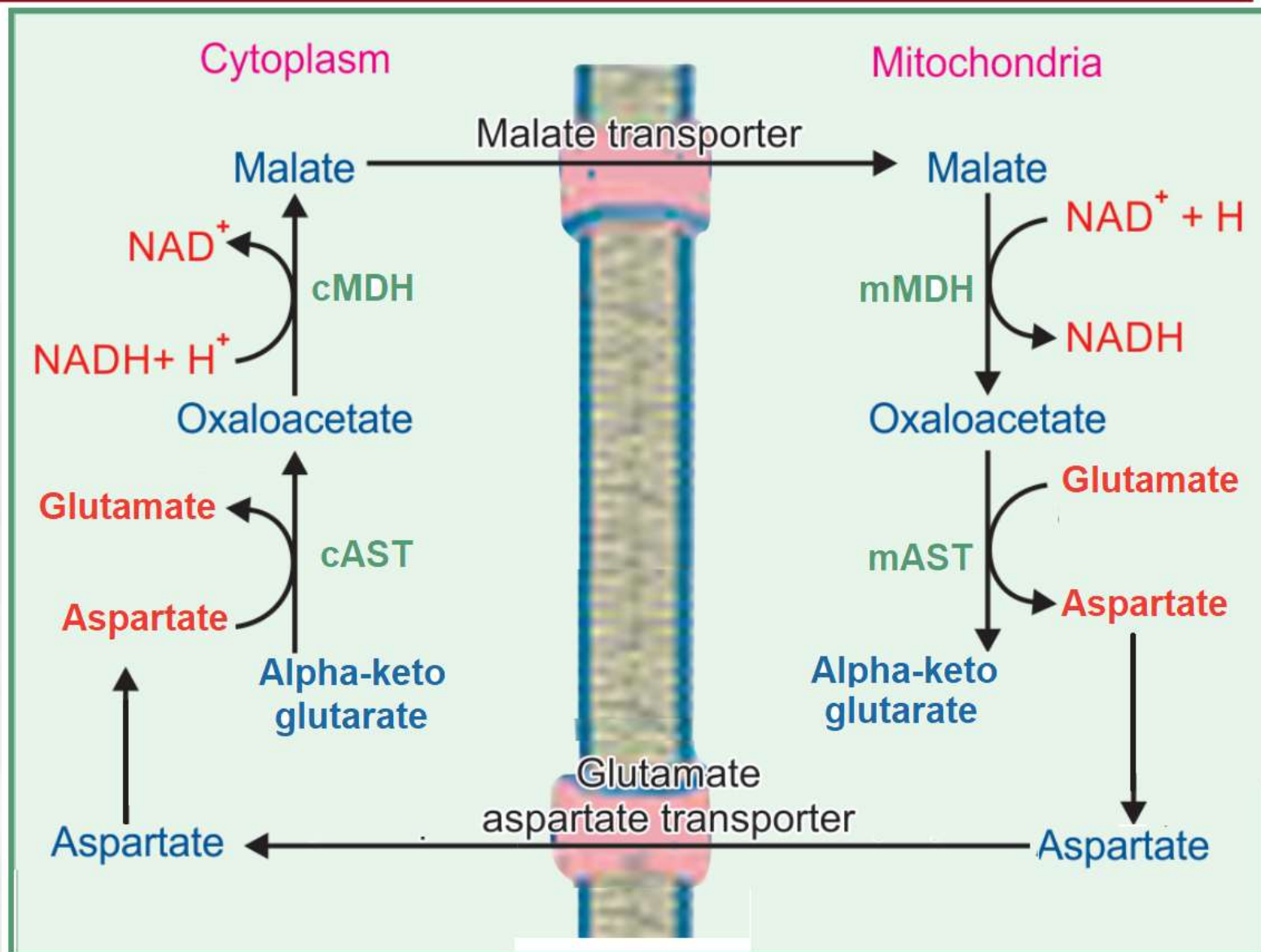
Complex II:  $\text{Succinate} \rightarrow \text{FAD} \rightarrow \text{Fe-S} \rightarrow \text{CoQ} \rightarrow$

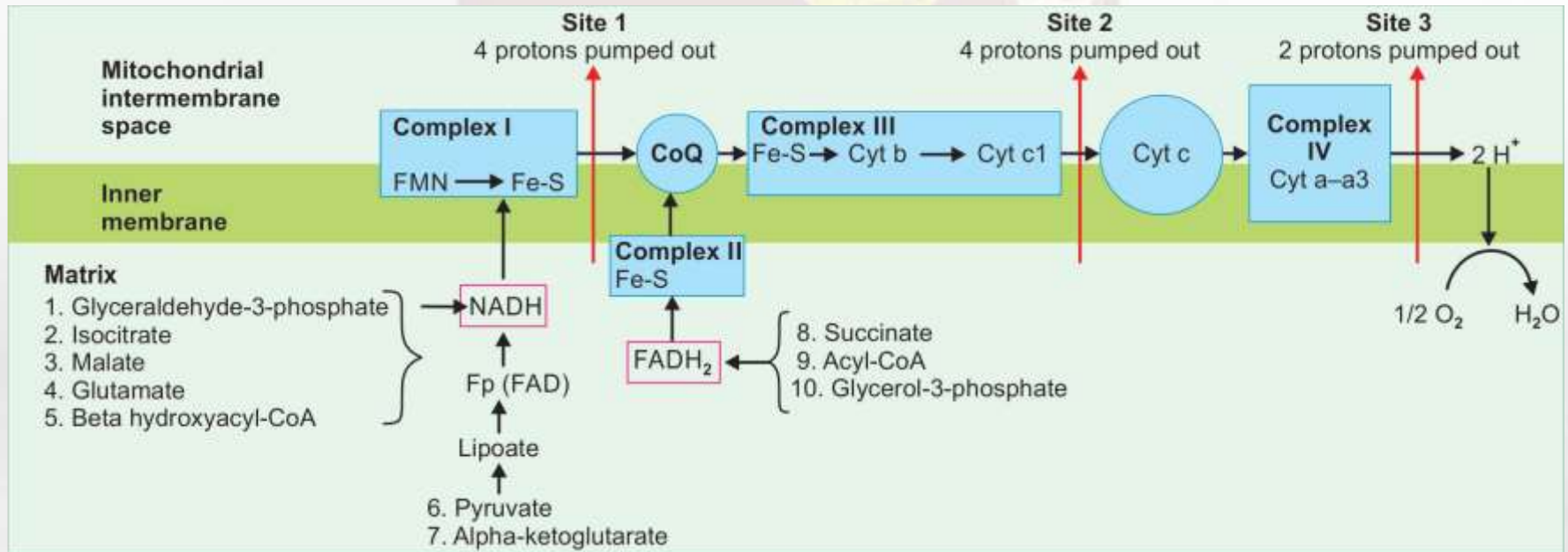
Complex III:  $\text{CoQ} \rightarrow \text{Fe-S} \rightarrow \text{Cyt b} \rightarrow \text{Cyt c1} \rightarrow \text{Cyt c}$

Complex IV:  $\text{Cytochrome c} \rightarrow \text{Cytochrome a-a3} \rightarrow \text{O}$



# Mitochondrial transport of NADH by malate-aspartate shuttle.



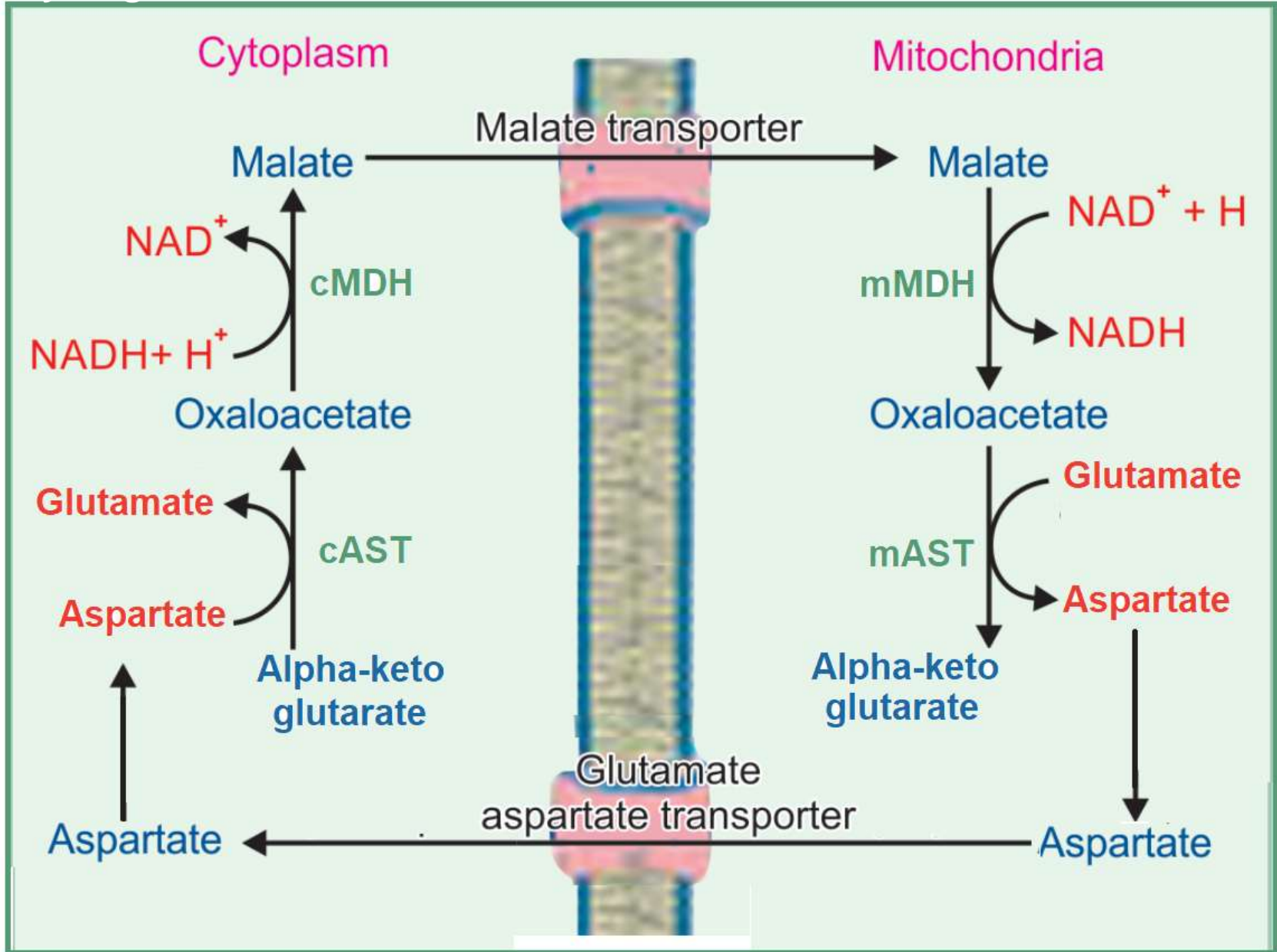


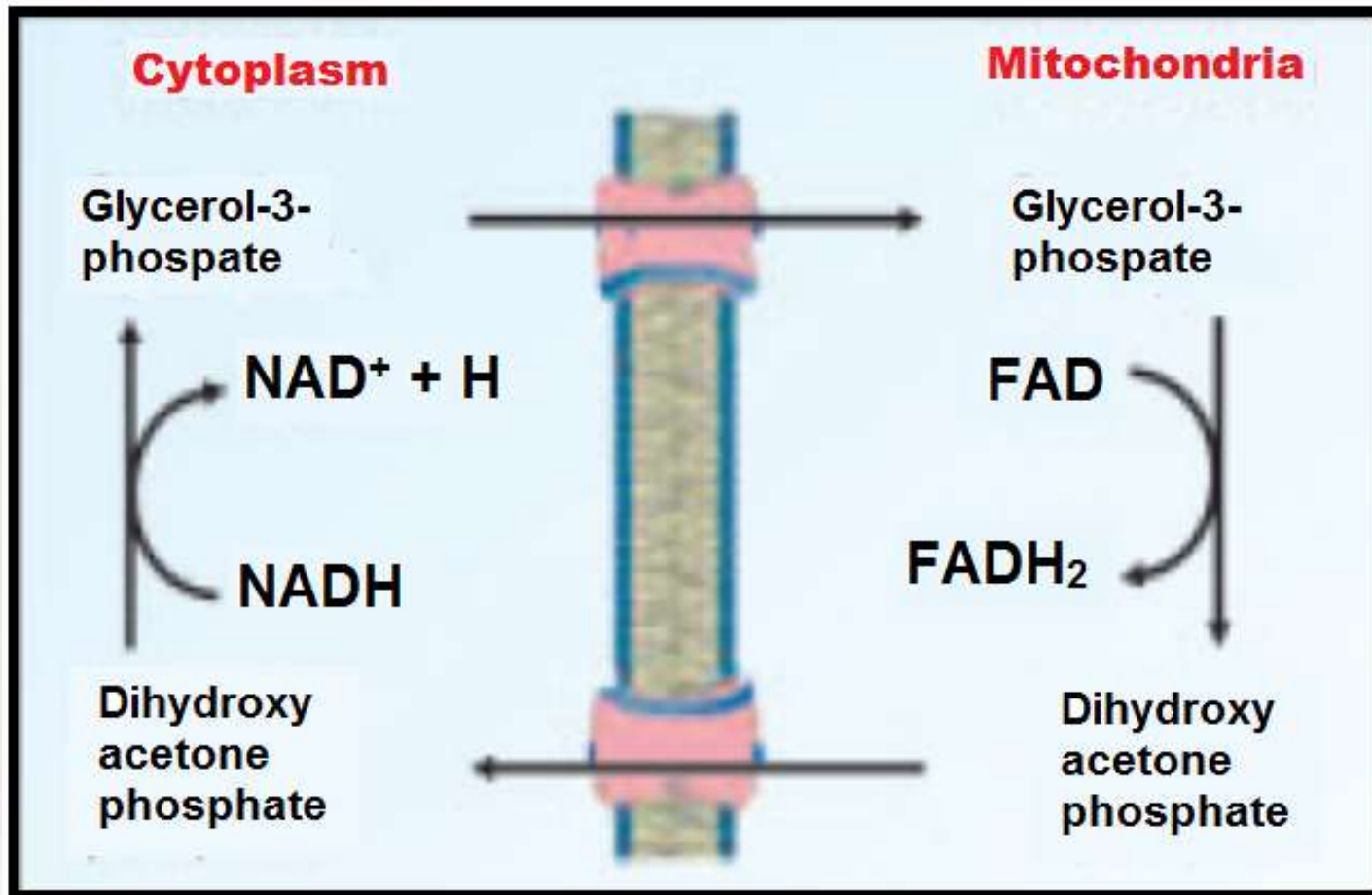
## Components and sequence of reactions of electron transport chain.

NINTH EDITION

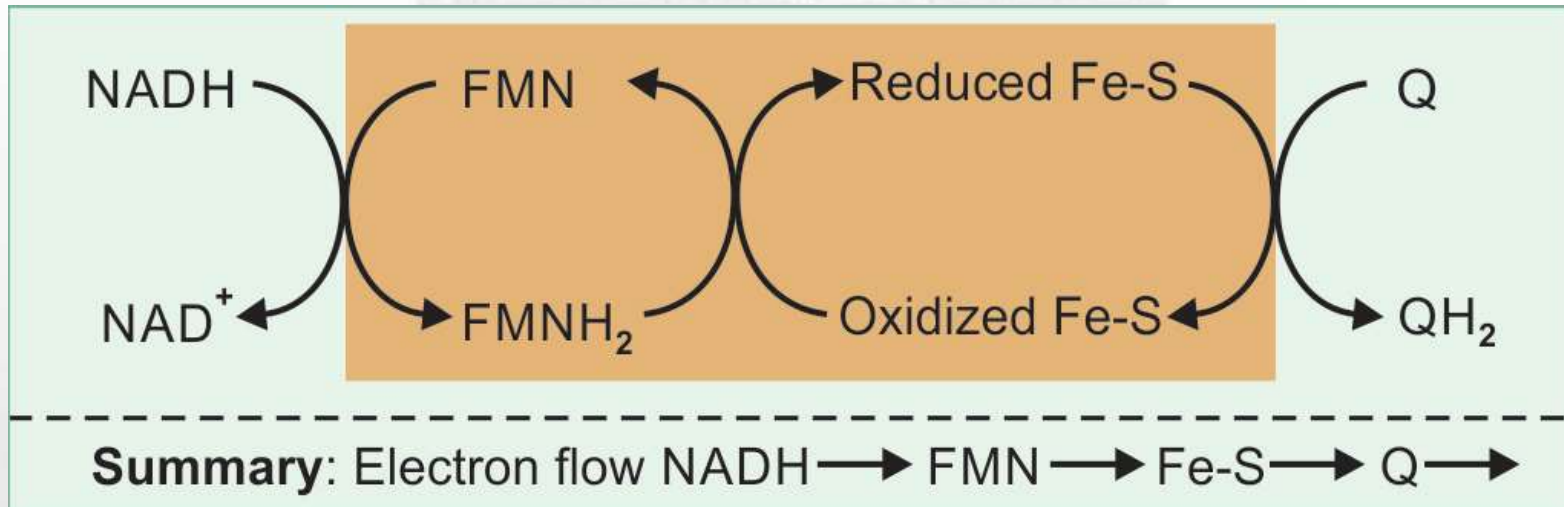


**Mitochondrial transport of NADH by malate-aspartate shuttle. cMDH = cytoplasmic malate dehydrogenase. mMDH = mitochondrial malate dehydrogenase**





**Glycerol-3-phosphate shuttle in muscle and brain.**



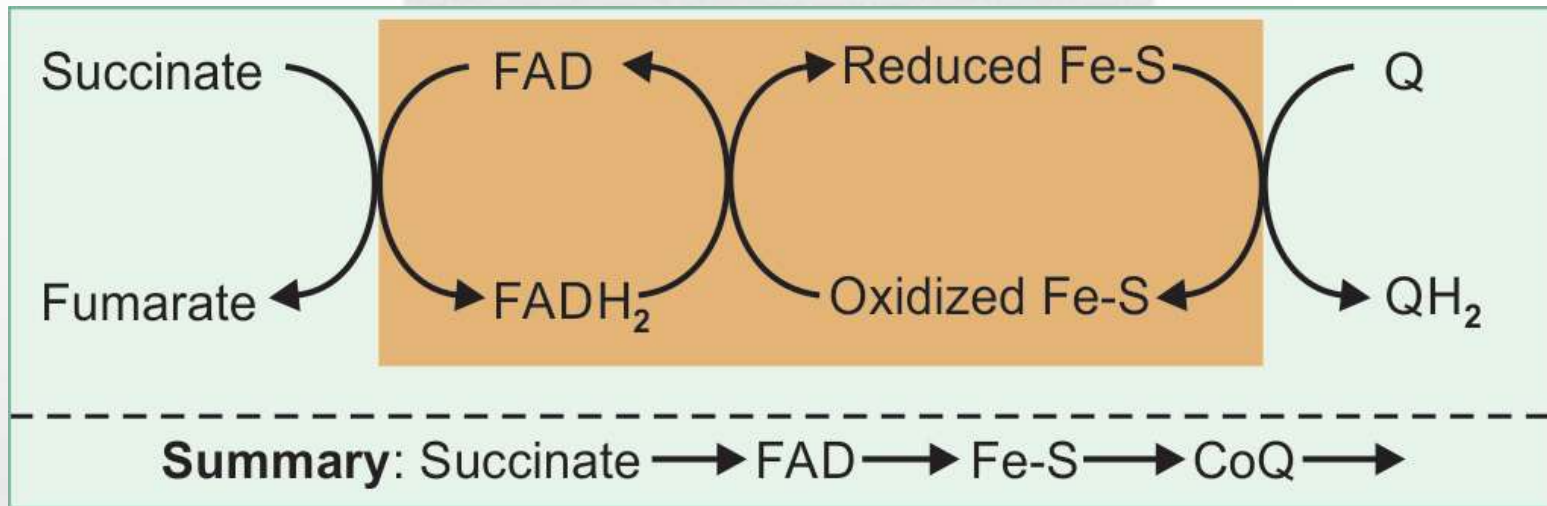
Complex I or NADH-CoQ reductase (NADH dehydrogenase complex).

*Highlights*

- Thoroughly revised & updated
- Key concepts & summary included
- Richly illustrated
- Updated Long & Short Qs and Essay Qs
- New MCQs and Case studies

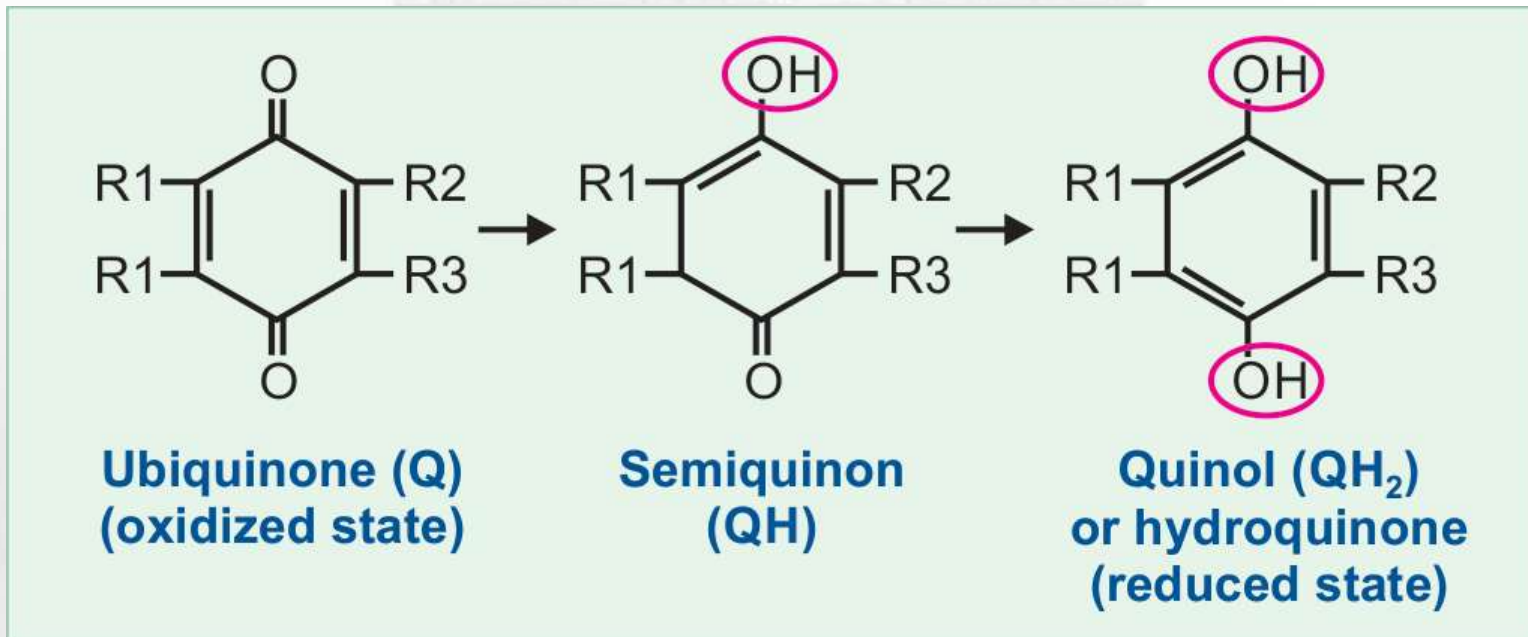
DM Vasudevan  
Sreekumari S  
Kannan Vaidyanathan

NINTH EDITION



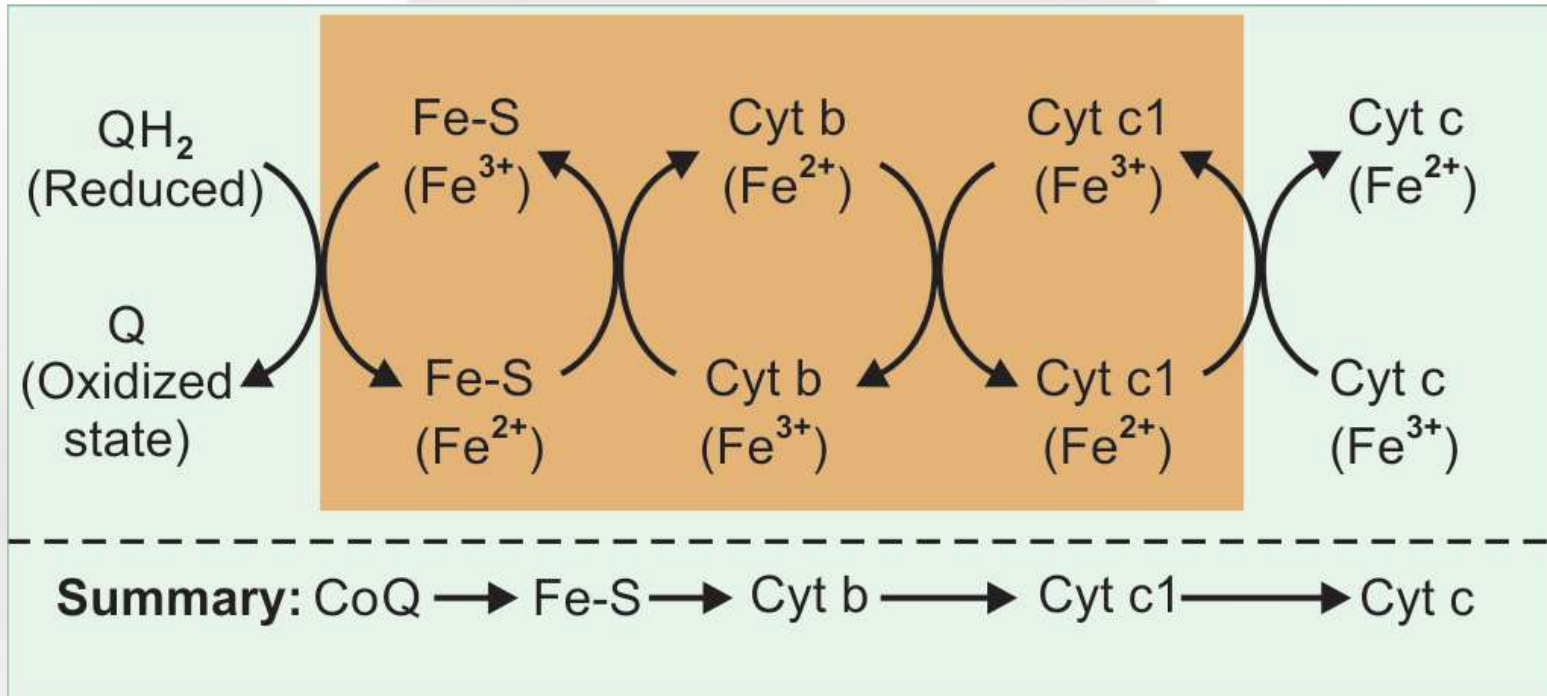
## Complex II; Succinate-Q-reductase.





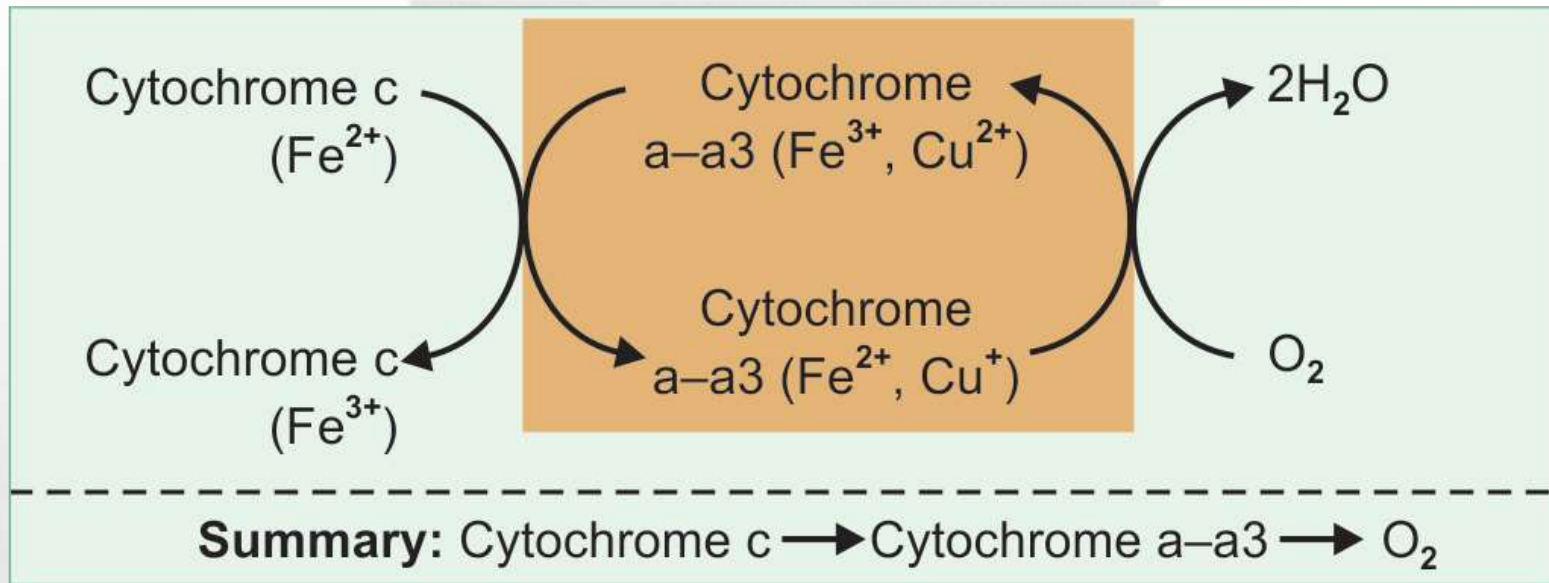
Addition of H<sup>+</sup> to coenzyme Q. R1 = CH<sub>3</sub>O group. R2 = CH<sub>3</sub>- group. R3 = 10 isoprene units (one isoprene unit contains 5 carbon atoms)

NINTH EDITION



Complex III or cytochrome reductase  
(Cytochrome b-c1 complex) of respiratory chain.

NINTH EDITION



Complex IV (cytochrome oxidase) of respiratory chain.



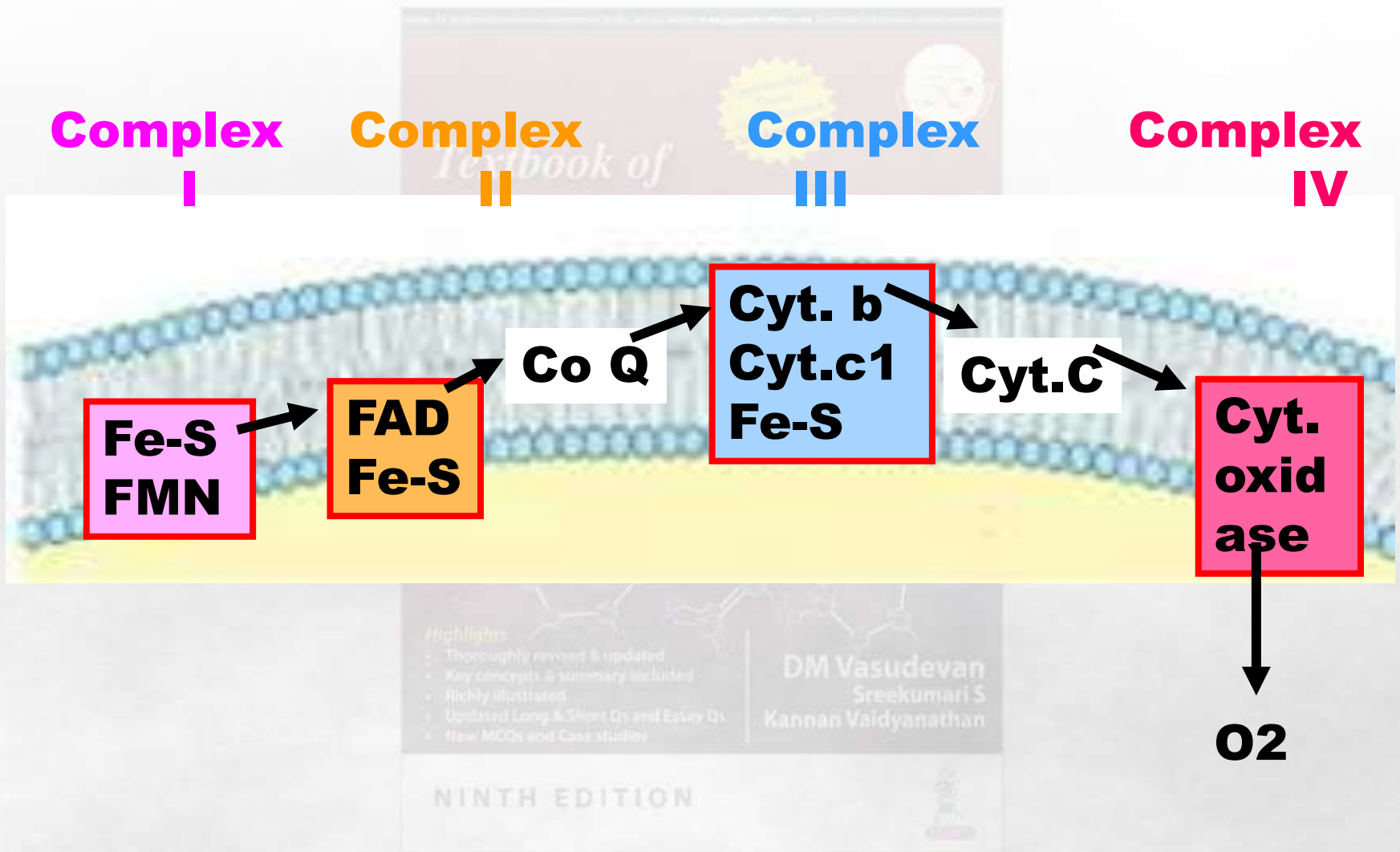
# Complex I



**NADH**

- 1. Glyceraldehyde-3-phosphate**
- 2. Isocitrate**
- 3. Malate**
- 4. Glutamate**
- 5. Beta hydroxy acyl CoA**





*Highlights*

- Thoroughly revised & updated
- Key concepts & summary included
- Richly illustrated
- Updated Long & Short Qs and Essay Qs
- New MCQs and Case studies

DM Vasudevan  
Sreekumari S  
Kannan Vaidyanathan

NINTH EDITION

**ATP generated  
by oxidation of**

**Presently  
Accepted value**

**NADH**

**2.5**

**FADH**

**1.5**

**Glucose**

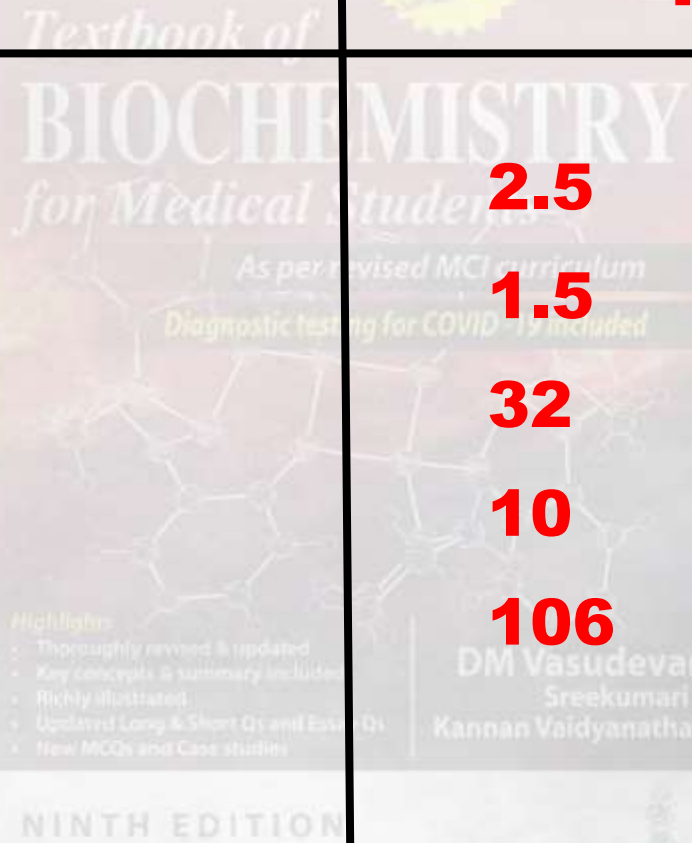
**32**

**Acetyl CoA**

**10**

**Palmitate**

**106**

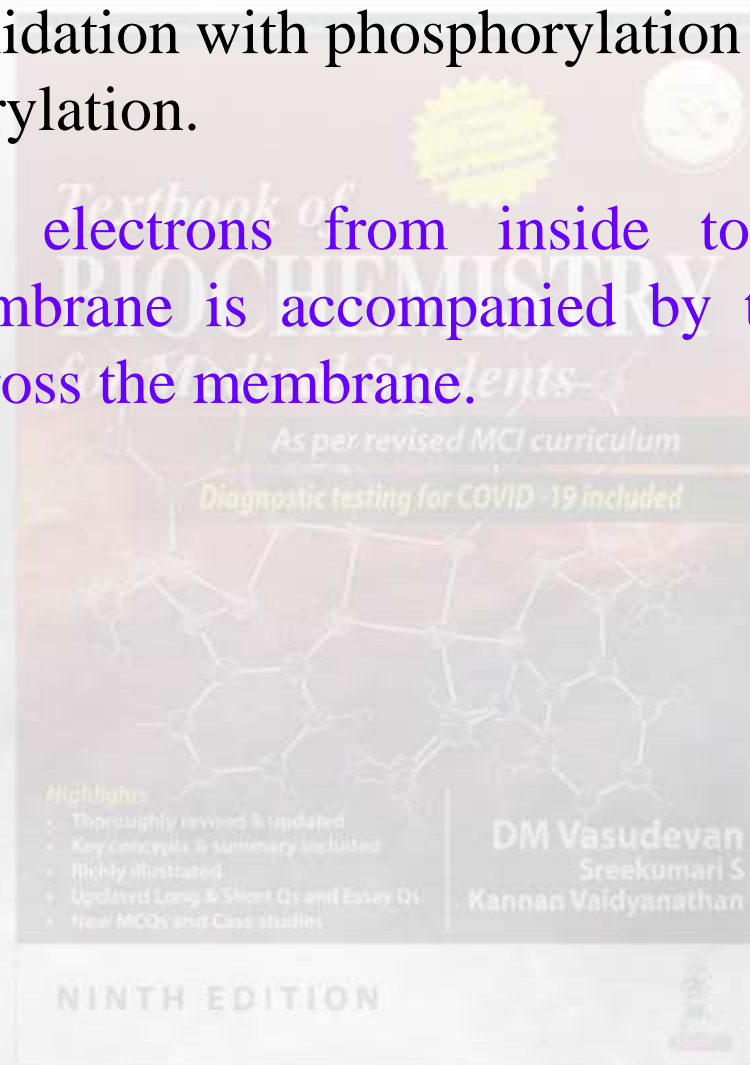


# Chemi-osmotic Theory



The coupling of oxidation with phosphorylation is termed oxidative phosphorylation.

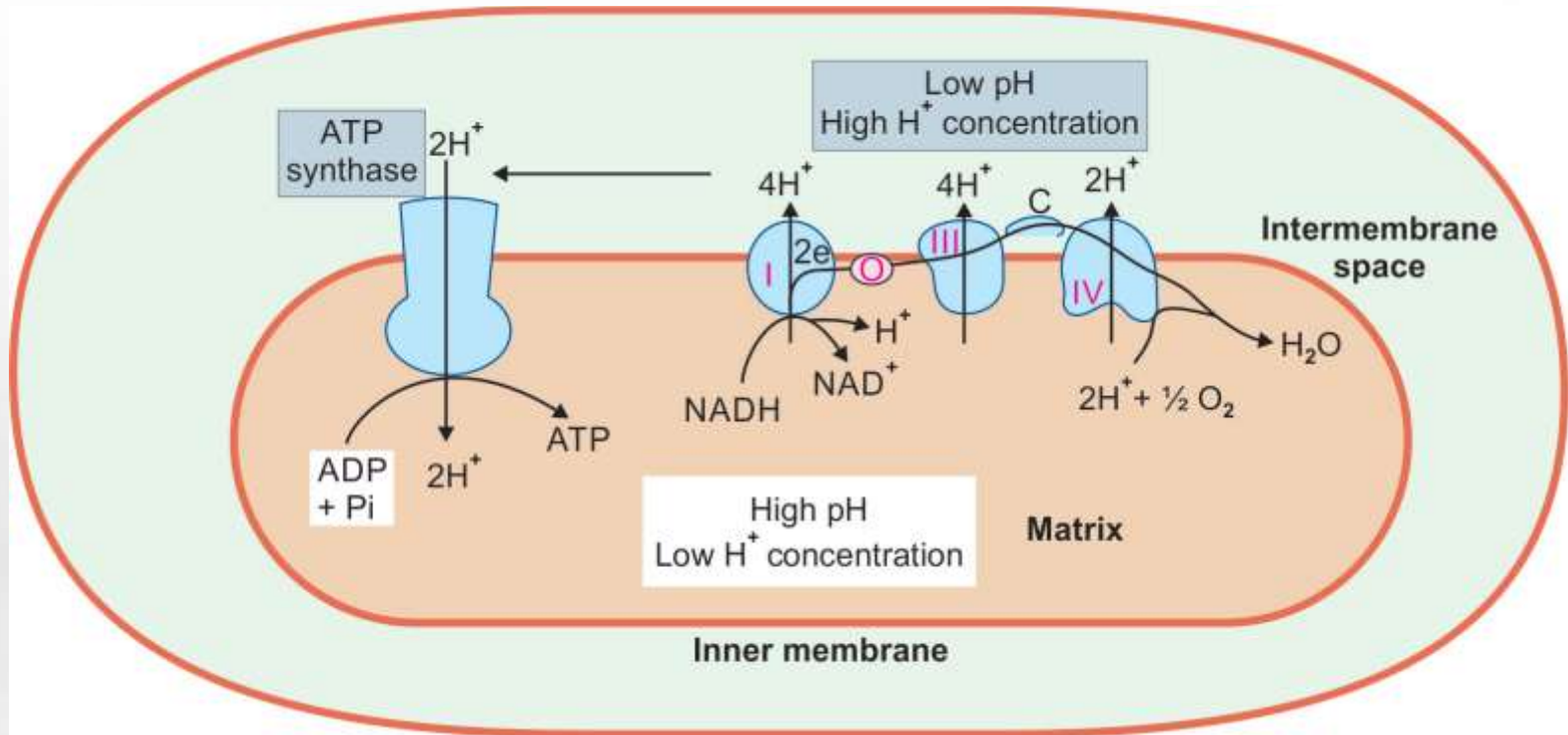
The transport of electrons from inside to outside of inner mitochondrial membrane is accompanied by the generation of a proton gradient across the membrane.



The proton pumps (complexes I, III and IV) expel  $H^+$  from inside to outside of the inner membrane. So, there is high  $H^+$  outside the inner membrane.

Protons ( $H^+$  ions) accumulate outside the membrane.



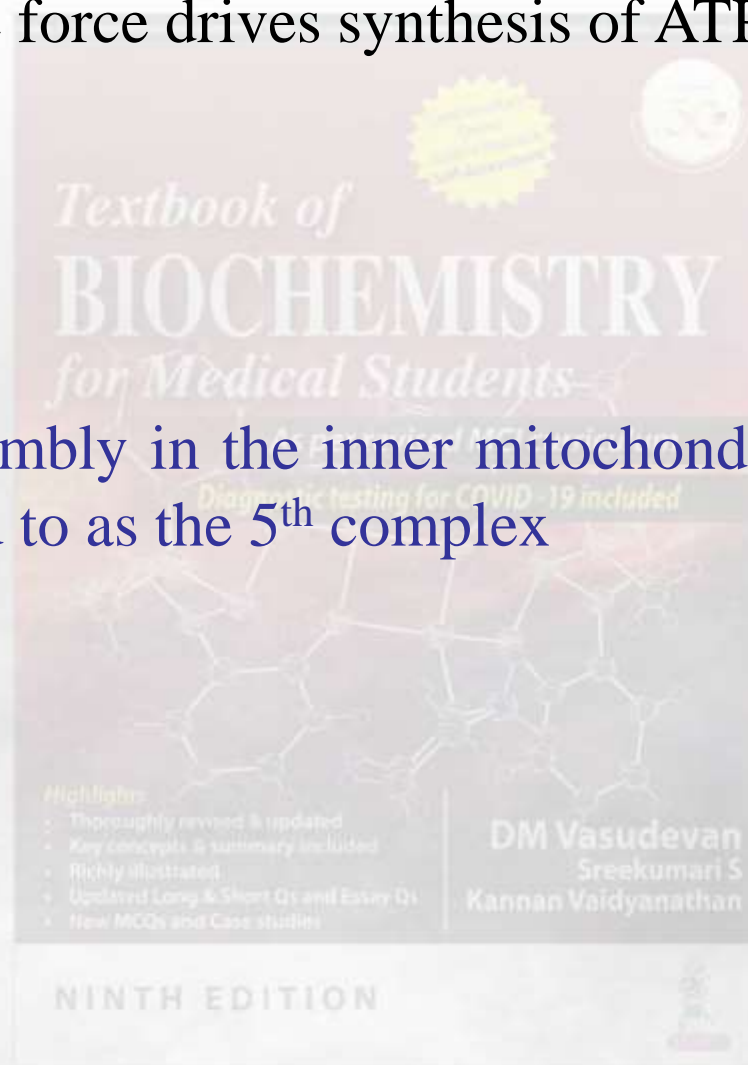


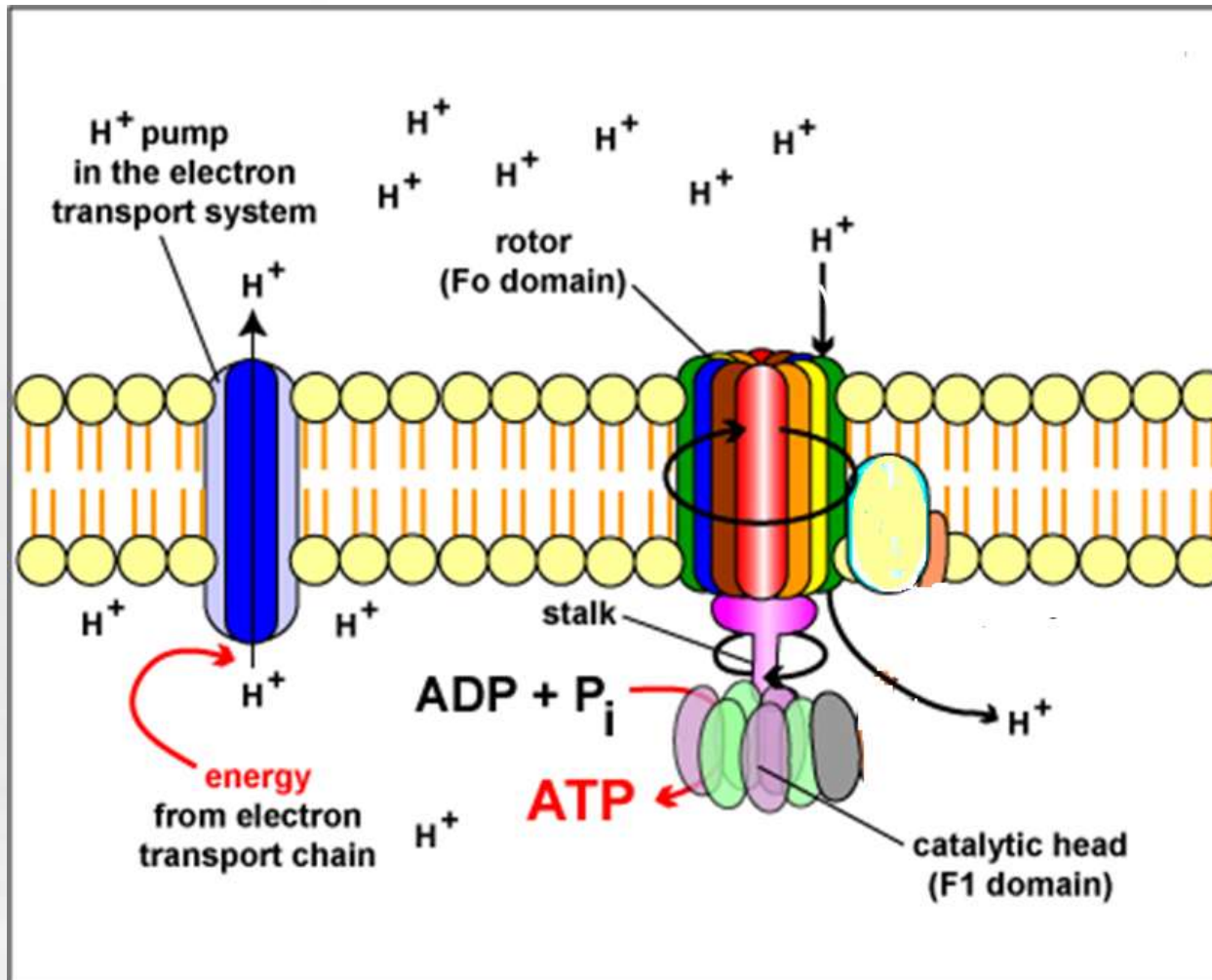
Summary of ATP synthesis. One mitochondrion is depicted, with inner and outer membranes. ETC complexes will push hydrogen ions from matrix into the inter membrane space. So, intermedate space has more H<sup>+</sup> (highly acidic) than matrix. So,hydrogen ions tend to leak into matrix through Fo. Then ATPs are synthesized. I, II, III, IV = components of ETC.

This proton motive force drives synthesis of ATP by ATP synthase complex.

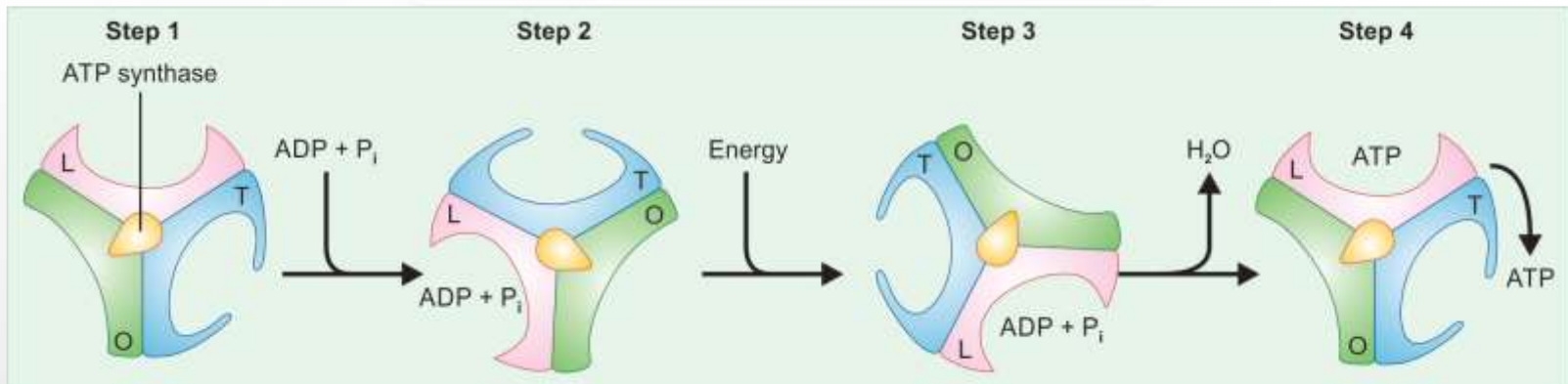
## ATP Synthase (5th Complex) 5th Complex

It is a protein assembly in the inner mitochondrial membrane. It is sometimes referred to as the 5<sup>th</sup> complex





ATP synthase. Protons from outside pass through the pore of Fo into the matrix, when ATP is synthesized.



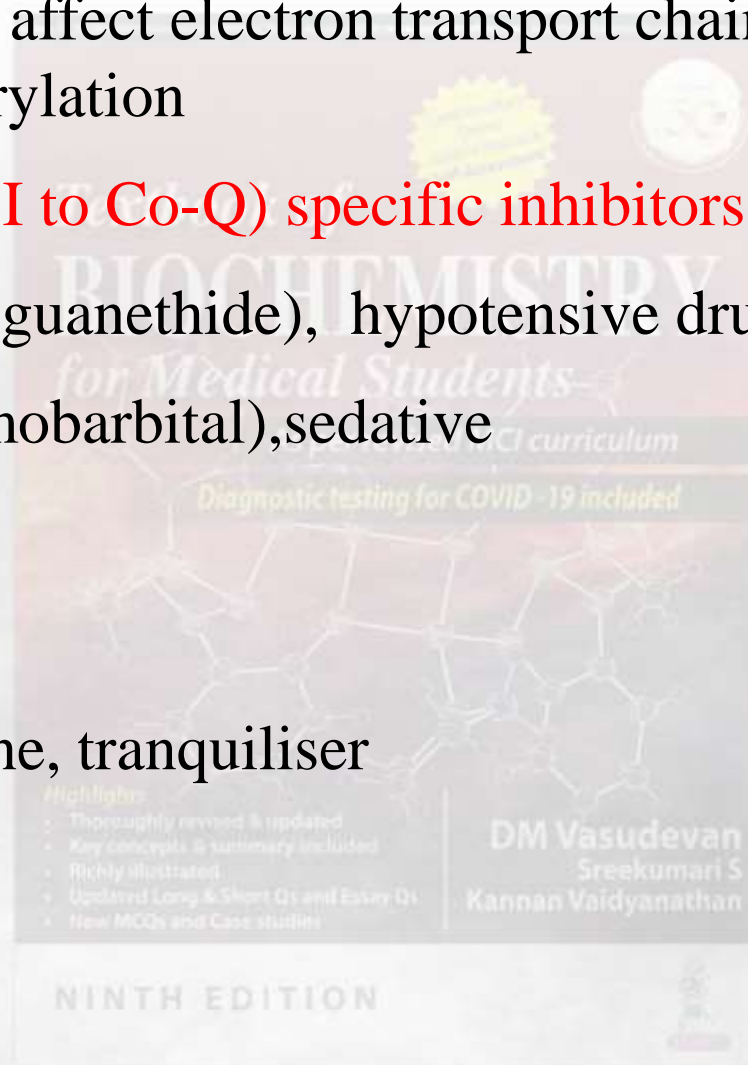
The binding change mechanism for ATP synthase. F1 has 3 chemically identical but conformationally distinct functional states. “O” means open conformation with no affinity for substrates and is catalytically inactive. “L” binds ligands loosely and catalytically sluggish. “T” binds ligands tightly and catalytically active. Step 1 = Old confirmation regained and cycle continues. Step 2 = ADP and P<sub>i</sub> binds to “L” site. Then energy dependent conformational change occurs. Step 3 = ATP is synthesized; conformation is again changed. Step 4 = ATP is released with confirmation change.



Compounds which affect electron transport chain and oxidative phosphorylation

**1. Site-1 (complex I to Co-Q) specific inhibitors**

- i. Alkylguanides (guanethide), hypotensive drug
- ii. Barbiturates (amobarbital), sedative
- iii -Piericidin A
  - Rotenone
  - Chlorpromazine, tranquiliser



## 2. Complex II to Co-Q

Carboxin

## 3. Complex III to cytochrome c inhibitors

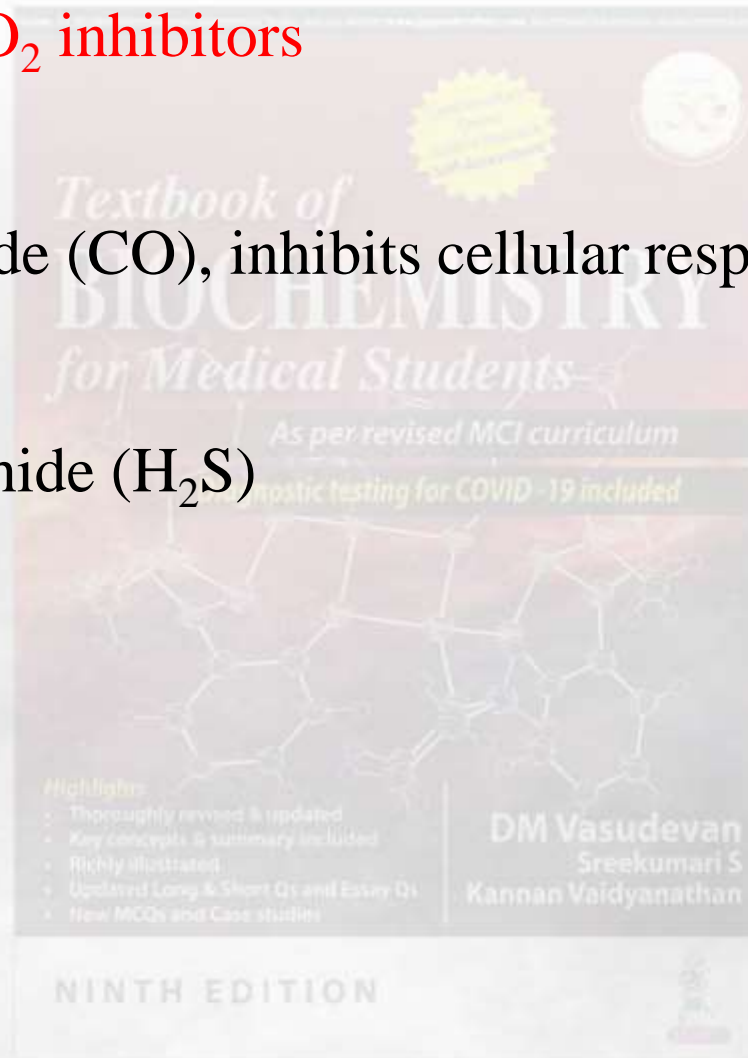
BAL (British anti lewisite), antidote of war gas

Antimycin A



## 4. Complex IV to O<sub>2</sub> inhibitors

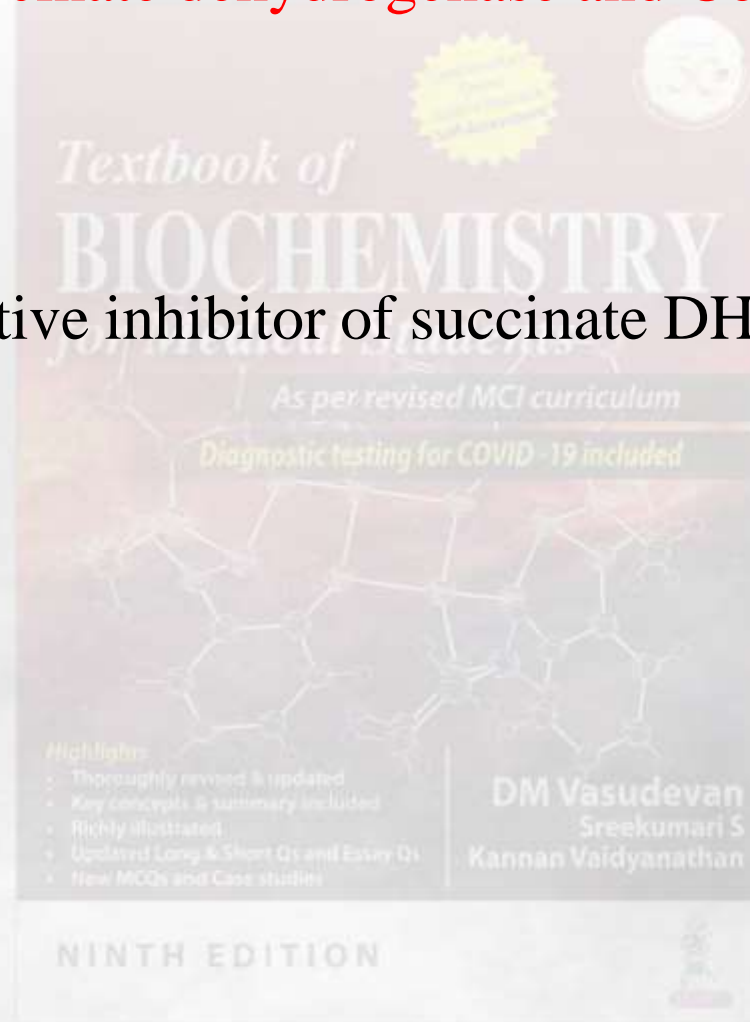
- i. Cyanide (CN<sup>-</sup>)
- ii. Carbon monoxide (CO), inhibits cellular respiration
- iii. Azide (N<sub>3</sub><sup>-</sup>)
- iv. Hydrogen sulphide (H<sub>2</sub>S)



## 5. Site between succinate dehydrogenase and Co-Q

Carboxin

Malonate, competitive inhibitor of succinate DH

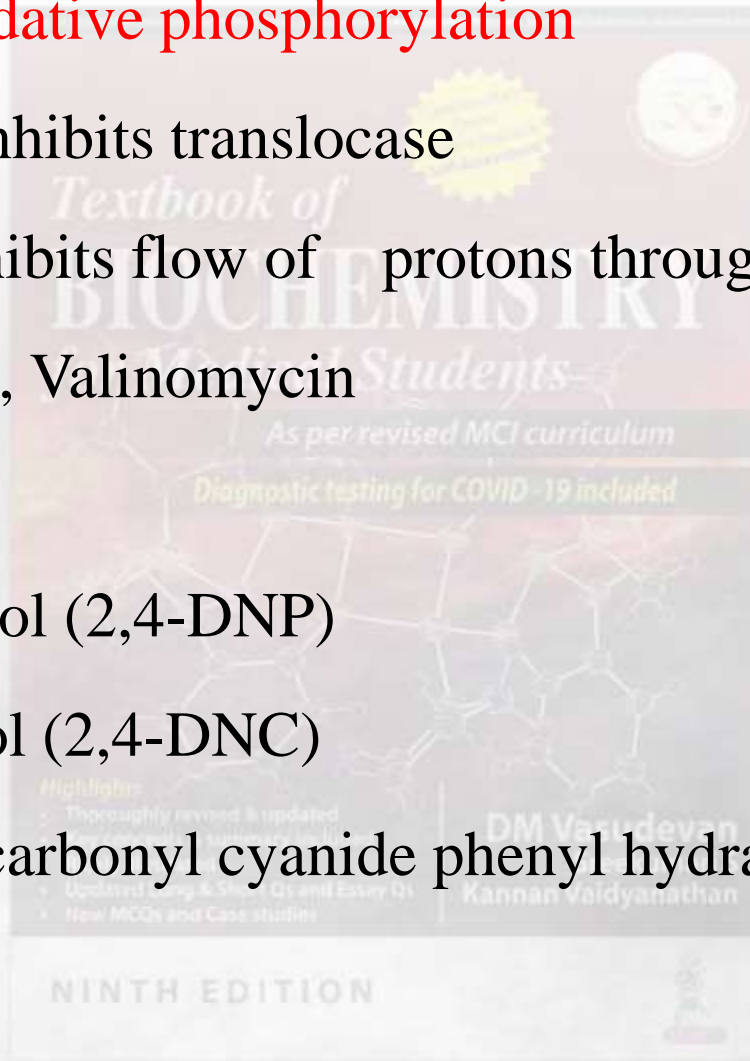


## 6. Inhibitors of oxidative phosphorylation

- i. Atractyloside, inhibits translocase
- ii. Oligomycin, inhibits flow of protons through  $F_0$
- iii. Ionophores, e.g., Valinomycin

## 7. Uncouplers

- i. 2,4-dinitro phenol (2,4-DNP)
- ii. 2,4-dinitro cresol (2,4-DNC)
- iii. CCCP (Chloro carbonyl cyanide phenyl hydrazone)



## 8. Physiological uncouplers

- i. Thyroxine, in high doses
- ii. Thermogenin in brown adipose tissue

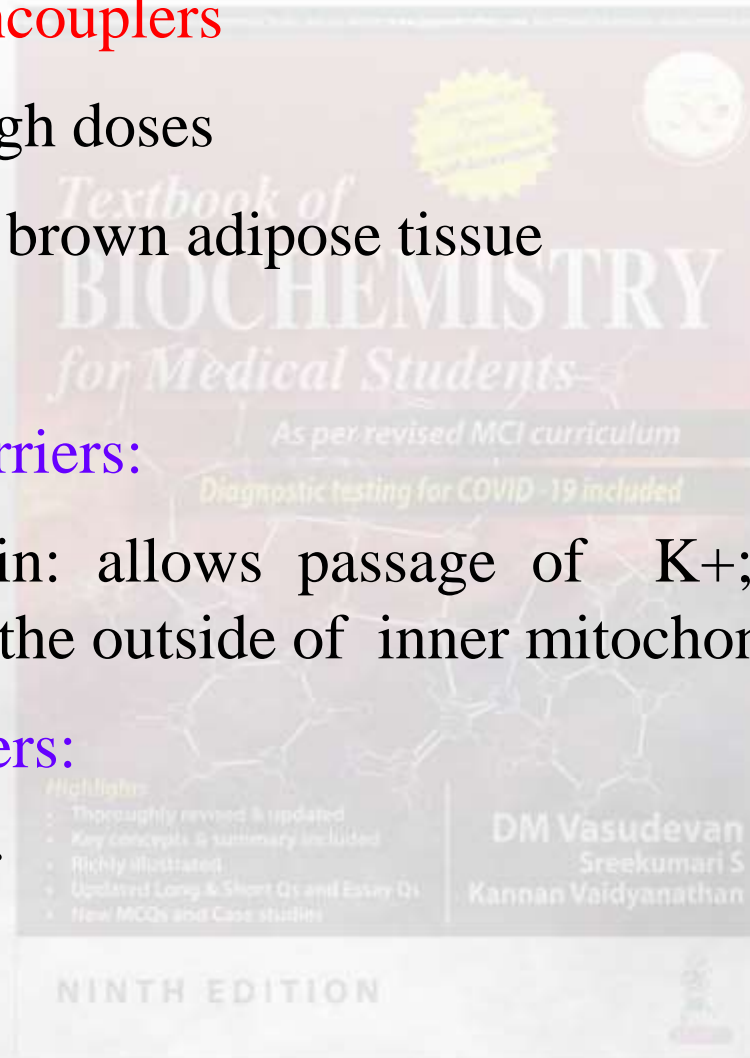
## 8. Ionophores

### 8-A) Mobile ion carriers:

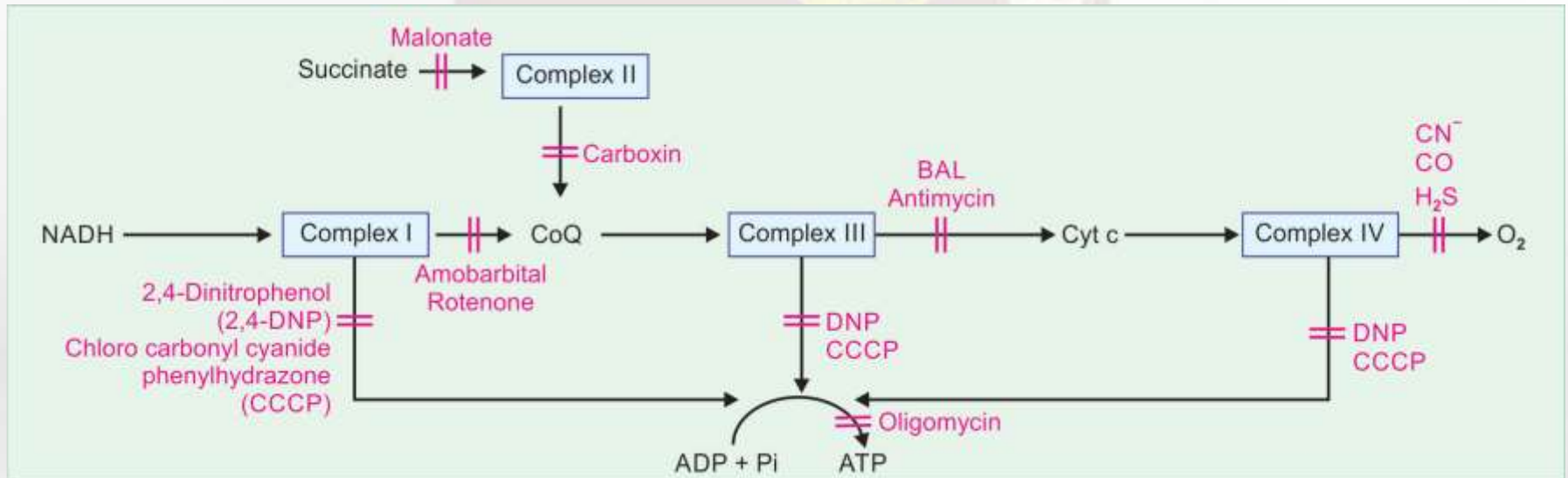
Eg: Valinomycin: allows passage of  $K^+$ ; decrease the net positive charge on the outside of inner mitochondrial membrane

### 8-B) Channel formers:

Eg: Gramicidin.



# Inhibitors of Electron Transport Chain and Oxidative Phosphorylation.



## Highlights

- Thoroughly revised & updated
- Key concepts & summary included
- Richly illustrated
- Updated Long & Short Qs and Essay Qs
- New MCQs and Case studies

DM Vasudevan  
Sreekumari S  
Kannan Vaidyanathan

NINTH EDITION

# Inherited Disorders of Oxidative Phosphorylation (OXPHOS Diseases)



Cause : Defects in mitochondrial DNA

1) Leber's hereditary optic neuropathy (LHON)

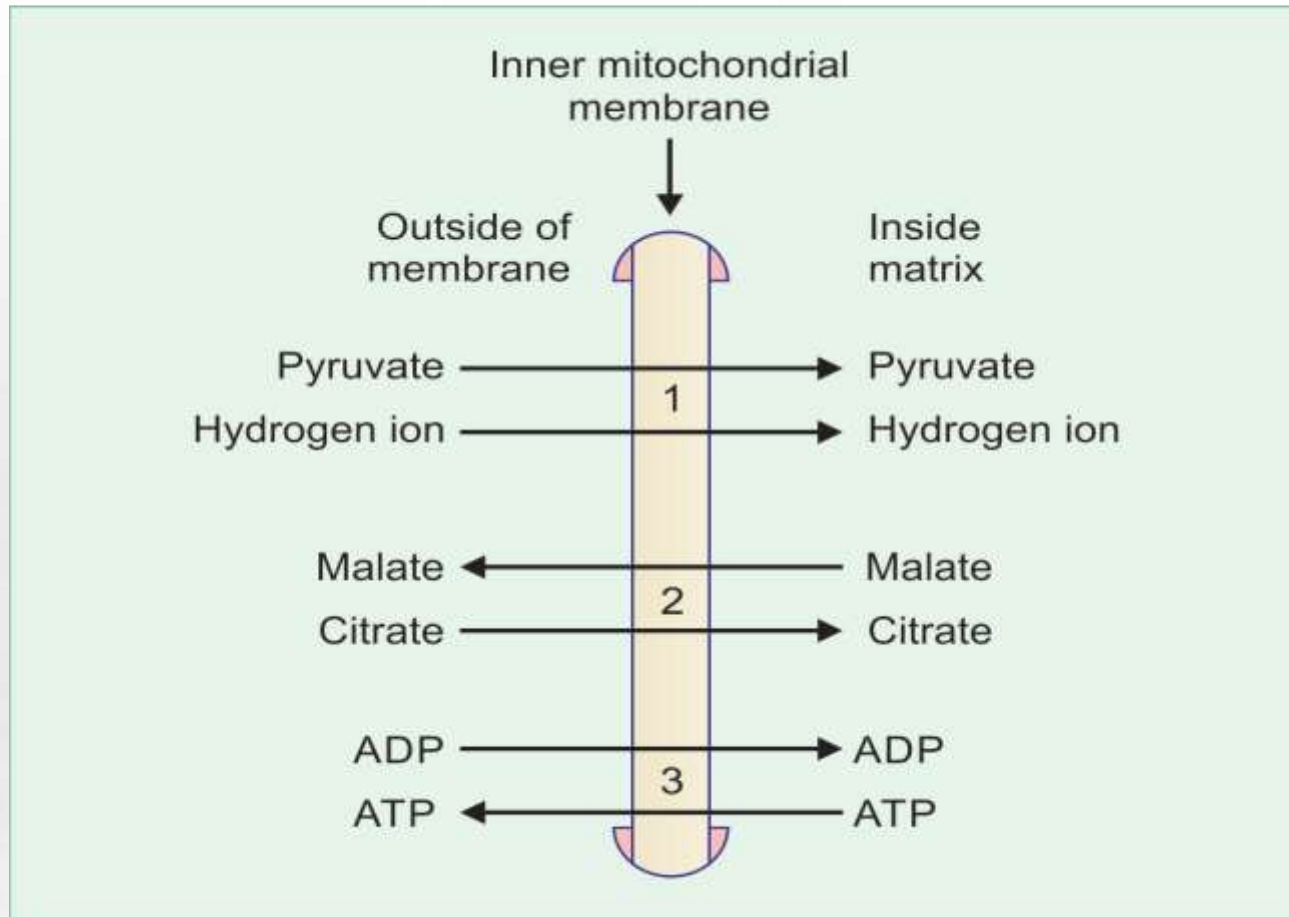
2) Mitochondrial myopathies:

-Fatal infantile mitochondrial myopathy.

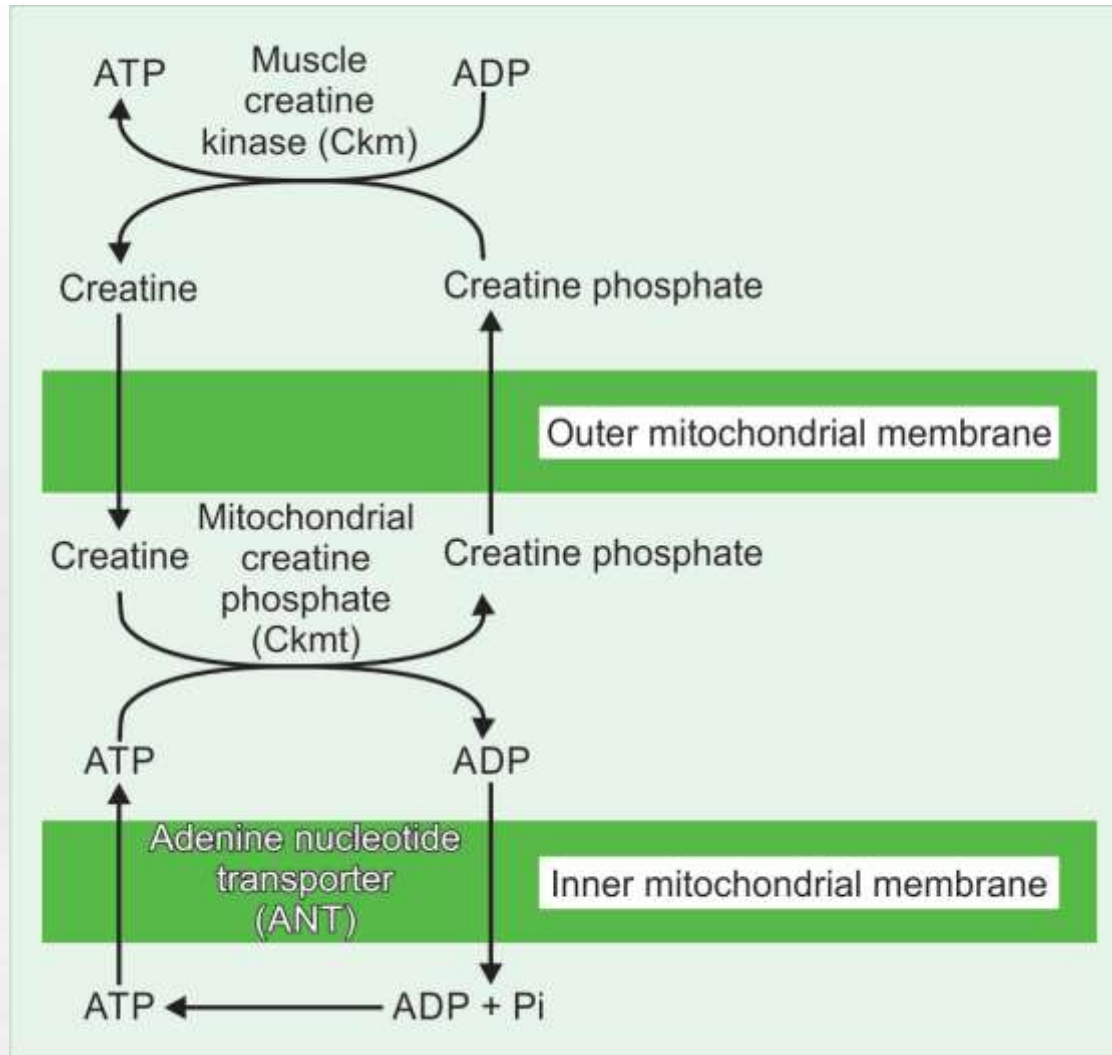
-Mitochondrial Encephalopathy Lactic acidosis and Stroke-like disorder (MELAS)



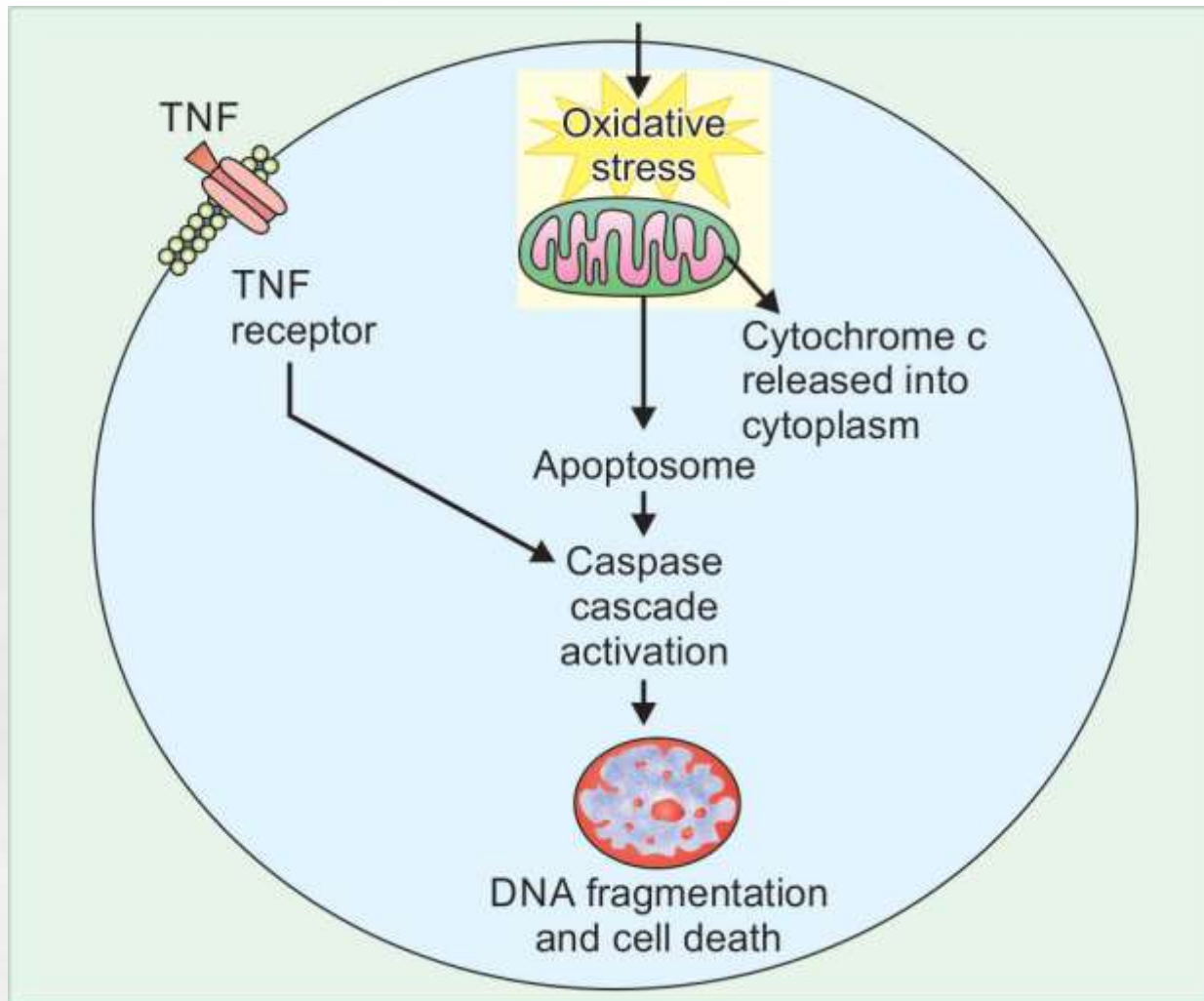




Important mitochondrial membrane transporters. 1 = PYT (pyruvate transporter); 2 = TCT (tricarboxylate transporter); 3 = ANT (adenine nucleotide transporter)



Creatine phosphate shuttle.



## Role of mitochondria in apoptosis.